

**As we move into a new season, here are some of the happenings going on at Valley VNA Assisted Living.**

### **Blood Drive in Partnership with American Red Cross**

Our final blood drive for the year was held September 12th. Again we had a good turn out. We are working with the Red Cross to hold blood drives here again in 2012 - we'll keep you posted. Thanks again to all who participated both in donation and help with the process!



### **The Sound of Music**

Neenah High School is putting on a performance of "The Sound of Music" on October 13th with a special invite to seniors of our community. A number of residents and family members will be joining with fellow seniors from Highlands at Mahler for the performance. Transportation, dinner and performance all included. Looks to be a great evening out!

### **Walk of Art**

On **November 12th from 1-3pm**, Valley VNA will be presenting *Walk of Art* - a gallery of art by Valley VNA residents in support of Alzheimer's disease awareness. The day will showcase paintings that were created by our residents with early-late stage Alzheimer's disease through the "Memories in the Making" program. In addition, the afternoon will include refreshments, Brain Fitness Demos and Kathleen Albert, Alzheimer's Association Representative. Hope you can join us!



### **FLU CLINICS**

**IT'S NOT TOO LATE - GET VACCINATED!** Valley VNA flu vaccination clinics run through the month of October. Remaining clinics:

#### **APPLETON**

Northland Mall-900 W Northland Ave  
WEDNESDAYS - Oct 19, 26 - 9am-Noon

#### **OSHKOSH**

Wittman Regional Airport-525 W 20th Ave  
TUESDAYS - Oct 18, 25 - 9am-Noon

#### **NEENAH**

Valley VNA Senior Services-1535 Lyon Dr  
MONDAYS - Oct 17, 24, 31 - 9am-Noon  
WEDNESDAYS - Oct 19, 26 - 3pm-6pm

### **HOLIDAY MAIL FOR HEROES!**

For a fifth year, the American Red Cross and Pitney Bowes are partnering to collect Holiday cards for members of our U.S. military, veterans and their families.



Valley VNA is excited to be participating in this program for the 2nd year. We are asking for donations of unused Holiday cards that our residents, clients and staff members will sign and forward on to the Red Cross for distribution.

**Donate unused Holiday cards to Marian at Valley VNA anytime between now and December 1, 2011!**