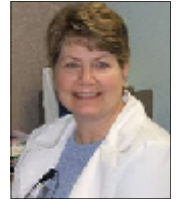




## IN TOUCH NEWSLETTER - JANUARY 2012

### From the Desk of Pat Hoogervorst, R.N.

- Occupancy has remained high in the Assisted Living. We are fortunate and privileged to have wonderful, unique residents to care for.
- We continue to implement quality measures in the areas of falls prevention, hydration, reduction of infections, and accurate medication administration. We plan to heighten our efforts in skin care through increased education to the staff, assessment of residents, and proper interventions.
- We continue to train our staff in the special needs of the residents with dementia. We are looking forward to the educational sessions with Teepa Snow.
- Approximately 88% of the resident received the influenza vaccine this season. Over 50% of staff received the influenza vaccine. We continue to promote the importance of this program.
- Nursing students from UW-Oshkosh will use our assisted living as a clinical site. This experience will provided the students with excellent exposure to the elderly population and their specific health needs.
- An exciting project for 2012 will be the implementation of electronic charting and medication records.



Without a doubt we will be kept busy!

## SAVE THE DATE - April 2, 2012!

Teepa Snow, nationally recognized dementia specialist, will be presenting a special session for Valley VNA client and resident families called - "Making Visits Valuable".

*Watch for more information!*

### Upcoming Activities at Valley VNA:

- ZUMBA Gold-Chair exercise is coming to the VNA! Carrie is working with the instructor and hopes to have it set up late January or early February.
- Planning has started for this year's Spring Fling! This event is very popular among our residents - watch for more details!
- The date is set for the performance of the national Opera for the Young - April 17th at 1:30. This year they will presenting Hansel & Gretel for our residents.
- The Alzheimer's Assoc. has contacted Carrie about artwork from the *Memories in the Making* program and would like a few for their "Evening to Remember" event in May. How nice it will be to have some of our own residents' artwork viewed by the community.



### **Resident/Client Appreciation - Valley VNA's Referral Program**

We appreciate our residents and clients very much. you!! Your vote of confidence means a lot to us...so much that we offer a **Referral Program**. It's our way of thanking you when you refer our services to friends and family. Here's how it works - residents/clients will receive a **\$50 Gift Card** when a referral is made that results in:



- **Assisted Living** - New resident moves into any area (short term Respite stay included)
- **In-Home Care** - New client accumulates 50 hours of services

The *Gift Card* can be used like cash anywhere, but cannot be used to pay for Valley VNA services. There is a limit of 1 *Gift Card*, per referral, per family. The **Referral Program** is also open to family members, but the *Gift Card* will be given to Resident/Client or responsible party, i.e. POA.

For more information, call Pat at 920-727-5544.

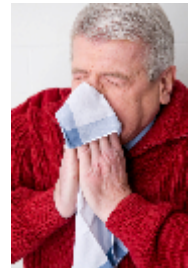
### **Blood Drive in Partnership with American Red Cross**



Valley VNA will again be a site for three American Red Cross Blood Drives in 2012. The first will be held February 21 from 11am-5pm. If you're interested in donating blood you can call to make an appointment - 1-800-733-2767 or just stop by. Walk-ins are always welcome! Also mark your calendars for the next dates - June 12 and August 7. Hope to see you there!

### **Cold & Flu Season**

Once again we have entered that time of year where viruses are alive, well and traveling! You will notice masks, gloves, and hand sanitizer at all entrances to the facility. If you are experiencing any symptoms we encourage you to delay your visit but if necessary, please use the personal protective devices available.



If we are experiencing an outbreak of a virus or bacterial infection, our first goal is to contain the spread. We follow all CDC guidelines for preventing further spread. You may see notices on the doorways if there is an active isolation occurring anywhere in the building. This may cause us to limit the activities or general traffic through the building. If you have any questions or concerns, please feel free to contact staff or the nurses to help you.

### **Making Gingerbread Houses!**

