

## Tis the Season!

Once again we are in the midst of flu-like illness moving through both residents and staff. If you have visited us recently you saw the signs for precautions posted on our doors. While not all, a few have tested positive for norovirus.

Noroviruses are a group of viruses that cause the “stomach flu”, or gastroenteritis. This is NOT the H1N1 flu (which is respiratory). Symptoms usually include one or more of the following: nausea, vomiting, stomach cramping, and/or diarrhea. Sometimes there may be a low grade fever, chills and muscle aching. It comes on quickly and lasts 1-2 days. The virus is transmitted through contact with persons or objects containing the virus.



Residents who exhibit symptoms are confined to their suite until 48 hours after symptoms cease. Group activities mixing residents have been put on hold. Once there have been no new symptoms by staff or residents for a week we will resume normal activities. We are working closely with the Neenah Dept of Public Health who monitors norovirus activity.

## Let the Fun and Games Begin!

Bill, our Life Enrichment Coordinator has several new and exciting activities planned in 2010.

- The First Annual **Pig Races** - Teams of residents and staff have been training their pigs (mechanical) and just waiting the go ahead for a virus free environment to hold the races. Just like the Olympics or NASCAR, there will be qualifying heats before the big race. Looks to be much fun and just a little bit competitive. 😊
- On April 13, **Rusalka: A Mermaid's Tale** will be performed by the Opera for the Young. This is sure to be a wonderful experience for all!
- **Spring Fling**, our first annual big band evening concert, will be held April 22. This event will feature “The Little Big Band”, a nine piece orchestra, who will be performing many tunes from a great musical era. We are really looking forward to this event and residents and family members are encouraged to keep this date in mind.



## Celebrating our Employees!

Each month we will be recognizing our employee's anniversaries with Valley VNA.

1 Year - Jennelle Kahler, Majesta Rabideaux & Jerreh Sey  
2 Years - Ashley Krupp & Kendra Williams      3 Years - Jody Basler & Amanda Davis  
4 Years - Maria Balistrieri & Marian Drexler  
6 Years - Jennifer Wold      7 Years - Deb Jaskolski

*Special thanks to all of them for their hard work and dedication!!*