VALLEY VNA Menu

Week of December 20, 2015

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Pancakes	Cereal	Omelets	Scrambled Egg	Cereal
Toast	Toast	Syrup	Toast	Toast	Toast	Toast
Banana	English Muffin	Bacon	English Muffin	English Muffin	English Muffin	English Muffin
	Banana	Banana	Banana	Banana	Banana	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
				CHRISTMAS EVE	CHRISTMAS DAY	
BBq Chicken	Tilapia	Baked Ham	Salisbury Pattie	Lasagna	Roast Turkey	Roast Beef
Dinner Sliced Pot	Lemon/Tartar	Baked Potato/SC	Ms Pot/Gravy	Lettuce Salad	Rice Casserole	Ms Potato/Gravy
Green Beans	Augratin Potatoes	Broc/Caulif Mix	Wax Beans	Garlic Bread	Asparagus	Carrots
Wheat Bread	Corn	Wheat Bread	Wheat Bread	Mint Choc Chip	Cranberry Jell	Wheat Bread
Lemon Meringue Pie	Rye Bread	Banana Cake	Blueberry Crisp	Ice Cream	Roll	Spice Cake
	Ice Cream				Pistachio Tart	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Beef Stew	Spanish Rice	Hot Pork & Gravy	Hot Turk Sand	Chicken Stew	Chili	Chicken Ala King
Roll	Lettuce Salad	over Ms Pot	on bun	Roll	Grilled Cheese	over Biscuit
Mandarin Oranges	Roll	Asparagus	Carrots	Banana	Fruit Cocktail	Apricots
Cookie	Peach Cup	Applesauce	Pear 1/2	Tapioca Pudding	Cookie	Oatmeal Bar
			Choc chip Bar			
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ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!