VALLEY VNA Menu

Week of February 14, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Pancakes	Cereal	Omelets	Scrambled Egg	Cereal
Toast	Toast	Syrup	Toast	Toast	Toast	Toast
Banana	English Muffin	Bacon	English Muffin	English Muffin	English Muffin	English Muffin
	Banana	Banana	Banana	Banana	Banana	Banana
DINNER	DININED	DININED	DINNED	DINNER	DINNER	DINNER
	DINNER	DINNER	DINNER			
VALENTINES DAY		Baked Ham	BBq Chicken	Lasagna	Lemon Pepper	Roast Pork
Beef Tips	Lemon/Tartar	Bu Ms Potato	Baked Potato/SC	Lettuce Salad	Baked Cod	Ms Potato/Gravy
over Rice	Augratin Potatoes	Peas	Green Beans	Garlic Bread	Lemon/Tartar	Peas
Lettuce Salad	Corn	Wheat Bread	Wheat Bread	Ice Cream	Scallop Potato	Wheat Bread
Wheat Bread	Rye Bread	Banana Cake	Cherry Crisp		Lettuce Salad	Cooks Choice Cake
Choc Cherry Cake	Pineapple Mix				Rye	
					Fruit Mix	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Stew	Spanish Rice		Hot Turk Sand	Beef Stew	Chili	Chicken Ala King
		Hot Pork & Gravy				_
Roll	Lettuce Salad	over Ms Pot	on bun	Roll	Grilled Cheese	over Biscuit
Mandarin Oranges		Asparagus	Carrots	Banana	Fruit Cocktail	Apricots
Cookie	Peach Cup	Applesauce	Pear 1/2	Tapioca Pudding	Cookie	Sugar Bar
			Molasses Bar			

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!