VALLEY VNA MENU

Week of January 17, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Pancakes	Cereal	Scrambled Egg	Cheese Egg Bake	Cereal
Toast	Toast	Syrup	Toast	Toast	Toast	Toast
Banana	Banana	Bacon	Banana	Bacon	Banana	Banana
		Banana		Banana		
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Breast	Baked Tilapia	Baked Ham	Roast Turkey	Roast Beef	Perch	Chop Suey
Ms Pot/Gravy	Lemon/Tartar	Scallop Pot	Bu Rice	Pars Bu Potatoes	Lemon/Tartar	Rice
Carrots	Augratin Potato	Broccoli	Green Beans	Mix Veg	Potato Salad	Cauliflower
Wheat Bread	Lettuce Salad	Wheat Bread	Wheat Bread	Wheat Bread	Cole Slaw	Wheat Bread
Watermelon	Rye Bread	Cooks Choice Pie	Pistachio Cake	Ice Cream	Rye Bread	Molasses Bar
	Ice Cream				Lemon Pie	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Bratwurst	Sloppy Jo	Hot Beef over	Omelet	Chicken Noodle	Tomato	Pizza
on a Bun	on a Bun	Ms Potato	Potato Slices	Soup	Soup	Lettuce Salad
Ket/Must	Chips	Carrots	Mandarin Oranges	Ham Salad Sand	Grilled Cheese	Garlic Bread
Baked Beans	Peach 1/2	Banana	Tapioca Pudding	on a Bun	Fruit Cocktail	Melon Mix
Pear Cup	Jello Cup	Apricot Bar	-	Chips	Cookie	
Cookie				Pineapple Cup		_

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER Meals may vary based on dietary needs. Menu's subject to change without notice!