

VALLEY VNA Menu

Week of January 31, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancake Syrup Bacon Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Omelets Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Meatloaf Ms Pot/Gravy Corn Wheat Bread Angel Food Cupck	Shrimp Lemon/Sce Potato Salad Cole Slaw Rye Bread Brownie	C/S Pork Ribs Fried Potato Asparagus Wheat Bread Apple Pie	Roast Beef Ms Pot/Gravy Carrots Wheat Bread Strawberry Cup	Apricot Chicken Red Bliss Potato Green Beans Wheat Bread Doodle Bar	Baked Fish Lemon/Tartar Twice Bkd Pot Cole Slaw Rye Bread Ice Cream	Stuffed Gr Pepper Cauliflower Wheat Bread Peach Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Vegetable Soup Chicken Salad on a Bun Chips Banana	Texas Beef & Beans Wax Beans Peach 1/2 Ice Cream	Quiche Lettuce Salad Mandarin Oranges Cookie	Beef Barley Soup Egg Salad Sand on a Bun Pear Cup Choc Pudding	Beef Stew Roll Banana Jello Cup w/ Top	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	Scallop Potatoes w/ Ham Roll Tropical Fruit Magic Bar

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!