## VALLEY VNA Menu

Week of July 12, 2015

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Scrambled Eggs	French Toast	Cereal	Hard Boiled Eggs	Omelets	Cereal
Toast	Syrup	Toast	Toast	Toast	Toast
English Muffin	Bacon	English Muffin	English Muffin	English Muffin	English Muffin
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef	C/S Pork Ribs	Lasagna	Baked Chicken	Baked Fish	Chicken Kiev
Mashed Pot/Gravy	w/ Plum Sauce	Lettuce Salad	Ms Pot/Gravy	Lemon/Tartar	Pars.Bu.Ms Pot
Carrots	Fried Potato	Garlic Bread	Carrots	Red Bliss Pot	Green Beans
Wheat Bread	Corn	Orange Sherbet	Wheat Bread	Lettuce Salad	Roll
Sugar Bar	Wheat Bread		Fruit Mix	Rye Bread	Strawberry Cup
	Peach Cobbler			Pistachio Tart	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Nuggets	Beef Barley Soup	Hot Beef	Bratwurst	Tomato Soup	Sloppy Jo
w/ Sauce	Egg Salad	on a Bun	on a Bun	Grilled Cheese	on a Bun
Green Beans	on a Bun	Wax Beans	Baked Beans	Fruit Cocktail	Chips
Cantaloupe Cup	Pear 1/2	Mandarin Oranges	Watermelon Cup	Cookie	Banana
Cherry Jello w/ Top	Cookie	Molasses Bar	Choc Pudding		Angelfood Cupcake
	Orange Juice Scrambled Eggs Toast English Muffin Fresh Fruit  DINNER Roast Beef Mashed Pot/Gravy Carrots Wheat Bread Sugar Bar  SUPPER Chicken Nuggets w/ Sauce Green Beans Cantaloupe Cup Cherry Jello w/ Top	Orange Juice Scrambled Eggs Toast English Muffin Fresh Fruit  DINNER Roast Beef Mashed Pot/Gravy Carrots Wheat Bread Sugar Bar  SUPPER Chicken Nuggets w/ Sauce Green Beans Cantaloupe Cup  Orange Juice French Toast Syrup Bacon Fresh Fruit  DINNER C/S Pork Ribs w/ Plum Sauce Fried Potato Corn Wheat Bread Peach Cobbler  SUPPER Beef Barley Soup Egg Salad on a Bun Pear 1/2	Orange Juice Scrambled Eggs Toast English Muffin Fresh Fruit  DINNER  Roast Beef Mashed Pot/Gravy Carrots Wheat Bread Sugar Bar  SUPPER Chicken Nuggets w/ Sauce Green Beans Cantaloupe Cup Cherry Jello w/ Top  Orange Juice Cereal Toast English Muffin Fresh Fruit  DINNER DINNER DINNER DINNER DINNER Cereal Toast English Muffin Fresh Fruit  DINNER DINNER Cereal Toast Corn Fresh Fruit  DINNER DINNER Chost English Muffin Fresh Fruit  Orange Sherbet  Supper Chorange Juice Cereal Toast English Muffin Fresh Fruit  Fresh Fruit  DINNER DINNER Chasagna Lettuce Salad Garlic Bread Orange Sherbet  Orange Sherbet  Orange Toast  English Muffin Fresh Fruit  Fresh Fruit  DINNER  DINNER Lasagna Carlic Bread Orange Sherbet  Orange Sherbet	Orange Juice Scrambled Eggs Toast English Muffin Fresh Fruit  DINNER Roast Beef Mashed Pot/Gravy Carrots Wheat Bread Sugar Bar  SUPPER Chicken Nuggets w/ Sauce Green Beans Cantaloupe Cup Cherry Jello w/ Top  Orange Juice Cereal Toast English Muffin Fresh Fruit  DINNER Lasagna Lettuce Salad Garlic Bread Orange Sherbet Wheat Bread Peach Cobbler  Orange Juice Cereal Hard Boiled Eggs Toast English Muffin Fresh Fruit  English Muffin Fresh Fruit  Fresh Fruit  SUPNER  DINNER DINNER DINNER DINNER Chast Cors Salad Garlic Bread Orange Sherbet  Orange Sherbet  Supper Hot Beef On a Bun Wax Beans Mandarin Oranges Watermelon Cup Choc Pudding	Orange Juice Scrambled Eggs Toast English Muffin Fresh Fruit  DINNER Roast Beef Mashed Pot/Gravy Carrots Wheat Bread Sugar Bar  Sugar Bar  Corn Sugar Bar  Corn Supper Supper Supper Supper Chicken Nuggets W/ Sauce Green Beans Cantaloupe Cup Cherry Jello w/ Top  Orange Juice Cereal Toast English Muffin Fresh Fruit Syrup Toast English Muffin Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit  DINNER Baked Chicken Ms Pot/Gravy Carrots Garlic Bread Carrots Wheat Bread Peach Cobbler  Dinner Corn Fresh Fruit Fresh F

ALL MEALS SERVED WITH BEVERAGES.

Meals may vary based on dietary needs. Menu's subject to change without notice!