VALLEY VNA Menu

Week of July 26, 2015

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Scrambled Eggs	Omelets	Hard Boiled eggs	Cereal	Scrambled Eggs	Scrambled Egg	Cereal
Toast	Toast	Toast	Toast	Toast	Toast	Toast
Fresh Fruit	English Muffin	Bacon	English Muffin	English Muffin	Bacon	English Muffin
	Fresh Fruit	English Muffin	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
		Fresh Fruit				
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Ham	Meatloaf	Pizza	Baked Chicken	Spaghetti	Baked Fish	Baked Ham
Scallop Potatoes	Ms Pot/Gravy	Lettuce Salad	Ms Pot/Gravy	w/ Meat Sauce	Lemon / Tartar	Red Bliss Potato
Asparagus	Carrots	Garlic Bread	Corn	Garlic Bread	Baked Potato/SC	Lettuce Salad
Wheat Bread	Wheat Bread	Pineapple Cup	Wheat Bread	Cheesecake	Mix Veg	Wheat Bread
PA Fruit Salad	Watermelon Cup	Ice Cream Sundae	Blueberry Pie		Rye Bread	Pineapple
					Lemon Pudding	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Minestrone Soup	Chicken Salad	Turkey Casserole	BBq Beef	Turkey Sand	Tomato Soup	BBq Chicken
Cottage Cheese	on a Bun	w/ Rice	on a Bun	on a Bun	Grilled Cheese	on a Bun
Muffin	Chips	Roll	Cole Slaw	Carrot Stix	Fruit Cocktail	Wax Beans
Peach 1/2	Diced Pears	Cantaloupe	Orange Slices	Strawberries on	Cookie	Mandarin Oranges
Jello w/Top	Cookie	PB Krispy Bar	Mousse	Pound Cake/Topping		Ice Cream

ALL MEALS SERVED WITH BEVERAGES.

Meals may vary based on dietary needs. Menu's subject to change without notice!