## VALLEY VNA Menu

## Week of July 31, 2016

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Hard Boiled Eggs	Cereal	Pancakes	Scrambled Eggs	Cereal
Toast	Toast	Toast	Toast	Syrup	Toast	Toast
English Muffin	English Muffin	English Muffin	English Muffin	Bacon	English Muffin	English Muffin
Banana	Banana	Banana	Banana	Banana	Banana	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Meatloaf	Baked Cod	Baby Back Ribs	Mostaccioli	Roast Pork	Baked Cod	Smothered Beef
Baked Potato/SC	Lemon/Tartar	Baked Beans	w/Meat Sauce	Bu.Boiled Potatoes	Lemon/Tartar	w/ Onions
Lettuce Salad	O'Brien Potato	Corn on the Cob	Lettuce Salad	Peas	Potato Salad	Red Bliss
Wheat Bread	Carrots	Wheat Bread	Garlic Bread	Wheat Bread	Cole Slaw	Lettuce Salad
Vanilla Cup Cake	Rye Bread	Watermelon	Apricot Bar	Peach Pie	Rye Bread	Choc Crm Pie
	Banana Crm Pie				Banana Cake	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Salad	Turkey Noodle Soup	Turkey Sandwich	Bratwurst	Hot Beef Sand.	Tomato Soup	Turkeyburger
on a Bun	Cot Cheese	BLT & Mayo	on a Bun	on a Bun	Grill Cheese	on a Bun
Tomato Slices	Peaches	Carrot Stix	Cuc Salad	Carrots	Fruit Cocktail	Let/Tom
Pineapple Cup	Roll	Pear Cup	Applesauce	Pineapple Cup	Cookie	Baked Beans
Tapioca Pudding	Cookie	Pumpkin Bar	Cookie	Jello Cup		Orange Slices
						Ice Cream Bar

ALL MEALS SERVED WITH BEVERAGES.

Meals may vary based on dietary needs. Menu's subject to change without notice!