Valley VNA Menu

Week of March 6, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

DDEAL/EAOT		Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Pancakes	Scrambled Eggs	Cereal	Hard Boiled Eggs	Omelets	Cereal
Syrup	Toast	Toast	Toast	Toast	Toast
Bacon	Bacon	English Muffin	English Muffin	English Muffin	English Muffin
Banana	Banana	Banana	Banana	Banana	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Haddock	Baked Ham	Baked Chicken	Pork Chops	Beer Battered Cod	Salisbury Patties
Lemon/Tartar	Pars. Bu Potatoes	Ms Pot/ Gravy	•	Lemon/Tartar	Ms Pot / Gravy
Baked Potato/SC	Green Beans	Broccoli	Carrots	Baked Potato/SC	Wax Beans
Lettuce Salad	Wheat Bread	Cran Jell	Wheat Bread	Mexi Corn	Wheat Bread
Rye	Banana Cake	Wheat Bread	Apple Pie	Rye Bread	Ice Cream
Lemon Pudding		Jello Tart w/Topping		Fruit Mix	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken in Gravy		Chicken Noodle	French Toast	Tomato Soup	Hot Turkey Sand
over Ms Pot	Casserole	Soup	Syrup	Grill Cheese	on a Bun
Carrots	Roll	Deli Meat Sand	Bacon	Fruit Cocktail	Corn
Cran Jell	Banana	Chips	Oranges	Cookie	Cran Jell
Apricots	Ice Cream	Tropical Fruit	Vanilla Pudding		Peaches & Blbrys
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	Pancakes Syrup Bacon Banana DINNER Baked Haddock Lemon/Tartar Baked Potato/SC Lettuce Salad Rye Lemon Pudding SUPPER Chicken in Gravy over Ms Pot Carrots Cran Jell	PancakesScrambled EggsSyrupToastBaconBaconBananaBananaDINNERDINNERBaked HaddockBaked HamLemon/TartarPars. Bu PotatoesBaked Potato/SCGreen BeansLettuce SaladWheat BreadRyeBanana CakeLemon PuddingSUPPERChicken in GravyCountry BeefOver Ms PotCasseroleCarrotsRollCran JellBanana	PancakesScrambled Eggs ToastCereal ToastSyrupToastToastBaconBaconEnglish MuffinBananaBananaBananaDINNERDINNERDINNERBaked HaddockBaked HamBaked ChickenLemon/TartarPars. Bu PotatoesMs Pot/ GravyBaked Potato/SCGreen BeansBroccoliLettuce SaladWheat BreadCran JellRyeBanana CakeWheat BreadLemon PuddingCountry BeefChicken NoodleSUPPERSUPPERSupperChicken in Gravy over Ms PotCountry BeefChicken NoodleCarrotsRollDeli Meat Sand Chips	Pancakes SyrupScrambled Eggs ToastCereal ToastHard Boiled Eggs ToastBacon BananaBacon BananaEnglish Muffin BananaEnglish Muffin BananaEnglish Muffin BananaDINNERDINNERDINNERDINNERBaked Haddock Lemon/TartarBaked Ham Pars. Bu PotatoesBaked Chicken Ms Pot/ Gravy BroccoliPork Chops Stuffing CarrotsBaked Potato/SC Lettuce Salad Rye Lemon PuddingGreen Beans Banana CakeBroccoli Wheat Bread Jello Tart w/ToppingWheat Bread Apple PieSUPPERSUPPERSUPPERSUPPERChicken in Gravy over Ms Pot CarsotsCountry Beef RollChicken Noodle Soup Deli Meat Sand Cran JellFrench Toast BaconChicken in Gravy CarrotsRollDeli Meat Sand ChipsBaconCran JellBananaCountry Beef Chicken NoodleSyrup Syrup 	Pancakes SyrupScrambled Eggs ToastCereal ToastHard Boiled Eggs ToastOmelets ToastBacon BananaBacon BananaEnglish Muffin BananaEnglish Muffin BananaEnglish Muffin BananaEnglish Muffin BananaDINNERDINNERDINNERDINNERDINNERBaked Haddock Lemon/Tartar Baked Potato/SC Lettuce SaladBaked Ham Wheat Bread Banana CakeBaked Chicken Ms Pot/ Gravy BroccoliPork Chops CarrotsBeer Battered Cod Lemon/Tartar Baked Potato/SCSUPPERSUPPERSUPPERSUPPERMeat Bread Jello Tart w/ToppingWheat Bread Apple PieMexi Corn Rye Bread Fruit MixSUPPERSUPPERChicken Noodle SoupFrench Toast SyrupTomato Soup Grill CheeseChicken in Gravy over Ms Pot CarrotsRollDeli Meat Sand Deli Meat Sand ChipsBacon GrangesFruit Cocktail Cookie

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!