

# Valley VNA Menu

Week of March 6, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Hard Boiled Eggs Toast English Muffin Banana	Orange Juice Omelets Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Roast Pork Ms/Gravy Asparagus Wheat Bread Baked Apple	Baked Haddock Lemon/Tartar Baked Potato/SC Lettuce Salad Rye Lemon Pudding	Baked Ham Pars. Bu Potatoes Green Beans Wheat Bread Banana Cake	Baked Chicken Ms Pot/ Gravy Broccoli Cran Jell Wheat Bread Jello Tart w/Topping	Pork Chops Stuffing Carrots Wheat Bread Apple Pie	Beer Battered Cod Lemon/Tartar Baked Potato/SC Mexi Corn Rye Bread Fruit Mix	Salisbury Patties Ms Pot / Gravy Wax Beans Wheat Bread Ice Cream
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
Chili Muffin Cot Cheese w/ Pear 1/2 on Let Leaf Brownie	Chicken in Gravy over Ms Pot Carrots Cran Jell Apricots	Country Beef Casserole Roll Banana Ice Cream	Chicken Noodle Soup Deli Meat Sand Chips Tropical Fruit	French Toast Syrup Bacon Oranges Vanilla Pudding	Tomato Soup Grill Cheese Fruit Cocktail Cookie	Hot Turkey Sand on a Bun Corn Cran Jell Peaches & Blbrys

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER**

**Meals may vary based on dietary needs. Menu's subject to change without notice!**