

VALLEY VNA MENU

Week of November 1, 2015

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Scrambled Eggs Wheat Toast English Muffin Banana	Orange Juice Scrambled Eggs Wheat Toast English Muffin Banana	Orange Juice Scrambled Eggs Bacon Wheat Toast Banana	Orange Juice Cereal Wheat Toast English Muffin Banana	Orange Juice Hard Boiled Eggs Wheat Toast English Muffin Banana	Orange Juice Scrambled Eggs Bacon Wheat Toast Banana	Orange Juice Cereal Wheat Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Red Bliss Carrots Wheat Bread Ice Cream	Potato Crusted Cod Lemon/Tartar Baked Potato/SC Corn Rye Bread Watermelon	Baked Ham O'Brien Pot Green Bean Wheat Bread Pineapple Cup	Baked Chicken Dressing Broccoli Wheat Bread Pumpkin Pie	Pork Chop Twice Baked Pot Cauliflower Wheat Bread Bread Pudding	Baked Cod Lemon/Tartar Augratin Potato Lettuce Salad Rye Bread Cherry Pie	Chicken Kiev Dinner Sliced Pot Green Beans Wheat Bread Ice Cream
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Ham & Cheese Bunwich Wax Beans Tropical Fruit PB Krispy Bar	Chicken Rice Cass Roll Peach 1/2 Jello Cup	Hot Rst Beef on a Bun Carrots Banana Cookie	French Toast Syrup Bacon Strawberries Vanilla Pudding	Turkey Stew Roll Pear Cup Cookie	Tomato Soup Grilled Cheese Fruit Cocktail Yogurt	Hot Dog on a Bun Baked Beans Strawberries on Pound Cake

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!