VNA Menu

Week of November 13, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Egg Bake	Scrambled Eggs	Cereal	Scrambled Eggs	Hard Boiled Eggs	Cereal
Toast	Toast	Toast	Toast	Toast	Toast	Toast
Banana	Banana	Banana	Banana	Bacon	Banana	Banana
				Banana		
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef	Baked Cod	Roast Pork	Roast Turkey	Beef Short Ribs	Perch	Chicken Italian
Ms/Gravy	Lemon/Tartar	Ms Pot/Gravy	Ms Pot/ Gravy	Baked Potatoes/SC	Lemon/Tartar	Red Bliss Potato
Carrots	Bu Rice	Cabbage	Green Beans	Carrots	Potato Salad	Lettuce Salad
Wheat Bread	Broc	Wheat Bread	Wheat Bread	Wheat Bread	Cole Slaw	Wheat Bread
Choc Pudding	Rye Bread	Apple Cobbler	Pumpkin Bar	Strawberries	Rye Bread	Ice Cream Sundae
	Banana Cream Pie				Key Lime Pie	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Rice Soup	Chicken Drummies	Pizza	Tomato Beef Cass	Beef Barley Soup	Minestrone Soup	Beef Stew
Ham Salad Sand	Green Beans	Lettuce Salad	Roll	Egg Salad Sand	Grilled Cheese	Roll
on a bun	Roll	Garlic Bread	Pear Cup	on a Bun	Fruit Cocktail	Peach Cup
Chips	Watermelon	Mix Fruit	Cookie	Banana	Cookie	Jello Cup
Pineapple Cup		Ice Cream		Tapioca Pudding		

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Menu's subject to change without notice! Meals may vary based on dietary needs.