

VALLEY VNA Menu

Week of November 20, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Hard Boiled Eggs Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Omelets Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Ms/Gravy Asparagus Wheat Bread Baked Apple	Baked Haddock Lemon/Tartar Baked Potato/SC Lettuce Salad Rye Lemon Pudding	Baked Ham Pars. Bu Potatoes Green Beans Wheat Bread Banana Cake	Baked Chicken Ms Pot/ Gravy Broccoli Cran Jell Wheat Bread Ice Cream	THANKSGIVING Roast Turkey Stuffing/Ms Pot Green Bean Bake Wheat Bread Pumpkin Pie	Beer Battered Cod Lemon/Tartar Baked Potato/SC Mexi Corn Rye Bread Fruit Mix	Salisbury Patties Ms Pot / Gravy Wax Beans Wheat Bread Ice Cream
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chili Muffin Cot Cheese w/ Pear 1/2 on Let Leaf Brownie	Chicken in Gravy over Ms Pot Carrots Cran Jell Apricots	Country Beef Casserole Roll Banana Jello Cups	Chicken Noodle Soup Deli Meat Sand Chips Tropical Fruit	French Toast Syrup Bacon Mandarin Oranges Vanilla Pudding	Tomato Soup Grill Cheese Fruit Cocktail Cookie	Hot Turkey Sand on a Bun Corn Cran Jell Peaches & Blbrys

Meals served w/ coffee,tea,milk & water

Menu's subject to change without notice! Meals may vary based on dietary needs.