

# VALLEY VNA MENU

Week of November 22, 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Egg Toast Bacon Banana	Orange Juice Cheese Egg Bake Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Breast Ms Pot/Gravy Carrots Wheat Bread Watermelon	Baked Fish Lemon/Tartar Twice Bkd Potato Peas Rye Ice Cream	Baked Ham Scallop Pot Broccoli Wheat Bread Cooks Choice Pie	Roast Beef Ms Pot/Gravy Mix Veg Wheat Bread Ice Cream	<b>THANKSGIVING</b> Roast Turkey Ms Pot/Dressing Gravy Green Bean Cass Roll Pumpkin Pie	Perch Lemon/Tartar Potato Salad Cole Slaw Rye Bread Lemon Pie	Chop Suey Rice Cauliflower Wheat Bread Molasses Bar
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Bratwurst on a Bun Ket/Must Baked Beans Pear Cup Cookie	Hot Beef & Gravy over Ms Potato Carrots Peach 1/2 Jello Cup	Sloppy Jo on a Bun Chips Banana Apricot Bar	Omelet Potato Slices Mandarin Oranges Tapioca Pudding	Chicken Noodle Soup Ham Salad Sand on a Bun Chips Pineapple Cup	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	Pizza Lettuce Salad Garlic Bread Melon Mix

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER**

**Meals may vary based on dietary needs. Menu's subject to change without notice!**