VALLEY VNA MENU

Week of November 27, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

BREAKFAST Orange Juice Scrambled Eggs	BREAKFAST Orange Juice	BREAKFAST	BREAKFAST	BREAKFAST	
•	Orange Juice		DITE/ IN / OI	DREAKFASI	BREAKFAST
Corombled Eage	Orange bullee	Orange Juice	Orange Juice	Orange Juice	Orange Juice
crambleu Eyys	Pancakes	Cereal	Hard Boiled Eggs	Cheese Egg Bake	Cereal
Toast	Syrup	Toast	Toast	Toast	Toast
Banana	Bacon	Banana	Banana	Banana	Banana
	Banana				
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Haddock	Baked Ham	Roast Turkey	Roast Beef	Baked Cod	Baked Chicken
Lemon/Tartar	Bu Rice	Ms Pot/Gravy	Boiled Potatoes	Lemon/Tartar	Ms Potato/Gravy
aked Potato/SC	Broccoli	Green Beans	Cabbage/Carrots	Potato Salad	Lettuce Salad
Lettuce Salad	Wheat Bread	Wheat Bread	Wheat Bread	Cole Slaw	Wheat Bread
Rye Bread	Lemon Mer Pie	Strawberry Cup	Ice Cream	Rye Bread	Red Velvet Cake
Ice Cream				Cooks Choice Pie	
					SUPPER
					Chop Suey
					Casserole
	Carrots	U U	•	Grilled Cheese	w/ Rice
Baked Beans	Banana	Tapioca Pudding		Fruit Cocktail	Roll
Pear Cup	Apricot Bar		Jello cup	Cookie	Molasses Bar
Cookie					
3: 1 2 1	Toast Banana DINNER aked Haddock emon/Tartar aked Potato/SC ettuce Salad Rye Bread Ice Cream SUPPER Bratwurst on a Bun Ket/Must Baked Beans Pear Cup	Toast BananaSyrup Bacon BananaDINNER aked Haddock Lemon/Tartar aked Potato/SC Lettuce Salad Rye Bread Ice CreamDINNER Baked Ham Bu Rice Broccoli Wheat Bread Lemon Mer PieSUPPER Bratwurst on a Bun Ket/MustSUPPER Banana Ms Potato Carrots Banana Banana Pear Cup	Toast BananaSyrup Bacon BananaToast BananaDINNER aked Haddock Lemon/Tartar aked Potato/SC Lettuce Salad Rye Bread Ice CreamDINNER Baked Ham Bu Rice Broccoli Wheat Bread Lemon Mer PieDINNER Ms Pot/Gravy Green Beans Wheat Bread Strawberry CupSUPPER Bratwurst on a Bun Ket/MustSUPPER Ms Potato Carrots BananaSUPPER O'Brien Potatoes Mandarin Oranges Tapioca Pudding	Toast BananaSyrup Bacon BananaToast BananaToast BananaDINNERDINNERDINNERDINNERAked Haddock Lemon/Tartar aked Potato/SC Lettuce Salad Rye Bread Ice CreamBaked Ham Bu Rice Broccoli Wheat Bread Lemon Mer PieRoast Turkey Ms Pot/Gravy Green Beans Wheat Bread Strawberry CupRoast Beef Boiled Potatoes Cabbage/Carrots Wheat Bread Ice CreamSUPPERSUPPERSUPPERSUPPERBratwurst on a Bun Ket/MustHot Beef over Carrots Ms Potato Carrots Mandarin Oranges Tapioca PuddingOmelet Omelet Of Brien Potatoes Canado Of Brien Potatoes Mandarin Oranges Tapioca Pudding	Toast BananaSyrup Bacon BananaToast BananaToast BananaToast BananaDINNER aked Haddock aked Haddock amed Potato/SC ettuce SaladDINNER Bu Rice BroccoliDINNER Ms Pot/Gravy Green Beans Wheat Bread Strawberry CupDINNER Boiled Potatoes Cabbage/Carrots Wheat Bread Ice CreamDINNER Baked Cod Lemon/Tartar Potato Salad Cole Slaw Rye Bread Ice CreamDINNER Baked Cod Lemon/Tartar Bu Rice BroccoliDINNER Boiled Potatoes Green Beans Wheat Bread Strawberry CupDINNER Boiled Potatoes Cabbage/Carrots Wheat Bread Ice CreamDINNER Baked Cod Lemon/Tartar Potato Salad Cole Slaw Rye Bread Cole SlawSUPPERSUPPERSUPPER OmeletSUPPER Chicken Salad O'Brien Potatoes Snack Bag Peach 1/2 Jello cupSoup Grilled Cheese Fruit Cocktail Cookie

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER Menu's subject to change without notice! Meals may vary based on dietary needs.