

VALLEY VNA Menu

Week of November 8, 2015

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Egg Bake Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Hard Boiled Eggs Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Ms/Gravy Carrots Wheat Bread Choc Pudding	Baked Cod Lemon/Tartar Bu Rice Broc Rye Bread Banana Cream Pie	Roast Pork Ms Pot/Gravy Cabbage Wheat Bread Apple Cobbler	Roast Turkey Ms Pot/ Gravy Green Beans Wheat Bread Pumpkin Bar	Beef Short Ribs Baked Pot/SC Carrots Wheat Bread Strawberry Cup	Perch Lemon/Tartar Potato Salad Cole Slaw Rye Bread Key Lime Pie	Chicken Italian Red Bliss Potato Lettuce Salad Wheat Bread Ice Cream Sundae
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Rice Soup Ham Salad Sand on a bun Chips Pineapple Cup	Chicken Drumsticks Green Beans Roll Watermelon	Pizza Lettuce Salad Garlic Bread Ice Cream	Tomato Beef Cass Roll Pear Cup Cookie	Beef Barley Soup Egg Salad Sand on a Bun Banana Tapioca Pudding	Minestrone Soup Grilled Cheese Fruit Cocktail Cookie	Beef Stew Roll Peach Cup Jello Cup

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!