## VALLEY VNA Menu

## Week of October 11, 2015

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Waffle	Cereal	Scrambled Eggs	Omelets	Cereal
Toast	Toast	Syrup	Toast	Toast	Toast	Toast
English Muffin	English Muffin	Bacon	English Muffin	English Muffin	English Muffin	English Muffin
Banana	Banana	Banana	Banana	Banana	Banana	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Meatloaf	Shrimp	C/S Pork Ribs	Roast Beef	Apricot Chicken	Baked Fish	Stuffed Gr Pepper
Ms Pot/Gravy	Lemon/Sce	Fried Potato	Ms Pot/Gravy	Red Bliss Potato	Lemon/Tartar	Cauliflower
Corn	Potato Salad	Aspargus	Carrots	Green Beans	Twice Bkd Pot	Wheat Bread
Wheat Bread	Cole Slaw	Wheat Bread	Wheat Bread	Wheat Bread	Cole Slaw	Peach Pie
Angel Food Cupck	Rye Bread	Apple Pie	Strawberry Cup	Doodle Bar	Rye Bread	
	Brownie				Ice Cream	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Vegetable Soup	Texas Beef & Beans	Quiche	Beef Barley Soup	Beef Stew	Tomato	Scallop Potatoes
Chicken Salad	Wax Beans	Lettuce Salad	Egg Salad Sand	Roll	Soup	w/ Ham
on a Bun	Peach 1/2	Mandarin Oranges	on a Bun	Banana	Grilled Cheese	Roll
Chips	Ice Cream	Cookie	Pear Cup	Jello Cup w/ Top	Fruit Cocktail	Tropical Fruit
Banana			Choc Pudding		Cookie	Magic Bar
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ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!