

VALLEY VNA Menu

Week of October 16, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancake Syrup Bacon Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Omelets Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Meatloaf Ms Pot/Gravy Corn Wheat Bread Mousse	Cod Pattie Lemon/Tartar Pars. Bu Potatoes Cole Slaw Rye Bread Banana Crm Pie	Pork Chops Oven Brownd Pot Asparagus Wheat Bread Apple Crisp	Roast Beef Ms Pot/Gravy Carrots Wheat Bread Strawberry Cup	Apricot Chicken Red Bliss Potato Green Beans Wheat Bread Doodle Bar	Baked Haddock Lemon/Tartar Twice Bkd Pot Cole Slaw Rye Bread Ice Cream	Stuffed Gr Pepper Cauliflower Wheat Bread Peach Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Vegetable Soup Chicken Salad on a Bun Chips Banana Blondie Bar	Texas Beef & Beans Wax Beans Peach 1/2 Ice Cream	Quiche Bake Lettuce Salad Mandarin Oranges Cookie	Beef Barley Soup Tuna Salad on a Bun Pear Cup Choc Pudding	Beef Stew Roll Banana Jello Cup w/ Top	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	Scallop Potatoes w/ Ham Roll Tropical Fruit Magic Bar

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Menu's subject to change without notice! Meals may vary based on dietary needs.