

VALLEY VNA MENU

Week of October 18, 2015

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Scrambled Eggs Wheat Toast English Muffin Banana	Orange Juice Hard Boiled Eggs Wheat Toast English Muffin Banana	Orange Juice Scrambled Eggs Wheat Toast English Muffin Banana	Orange Juice Cereal Wheat Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Omelets Wheat Toast English Muffin Banana	Orange Juice Cereal Wheat Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Swedish Meatballs Rice Broccoli Wheat Bread Yellow Cake	Baked Fish Lemon/Tartar Pars. Bu Potatoes Green Beans Rye Bread Orange Parfait	Chicken Fettucini Lettuce Salald Roll Coconut Crm Pie	Baby Back Ribs Twice Bkd Potato Cauliflower Wheat Bread Apple Cobbler	Spaghetti Meat Sauce Lettuce Salad Garlic Bread Cheesecake	Baked Cod Lemon/Tartar Dinner Slices Wax Bean Rye Bread Confetti Cake	Roast Turkey Ms Pot/Gravy Carrots Wheat Bread Vanilla Pudding
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Pot Pie Roll Orange Slices Amish Cookie	Hot Beef Sand on a bun Ketchup Carrots Banana PB Bar	Omelet Pot O'Brien Peach 1/2 Tapioca Pudding	Beef Noodle Cass Roll Strawberry Cup Ice Cream	Hot Chicken Sand on a Bun Cole Slaw Cantaloupe Jello Cup	Tomato Soup Grilled Cheese Sandwich Fruit Cocktail Cookie	Hamburger on a Bun Baked Beans Watermelon Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!