

VALLEY VNA MENU

Week of October 2, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Banana	Orange Juice Scrambled Eggs Toast Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Cereal Toast Banana	Orange Juice Hard Boiled Eggs Toast Banana	Orange Juice Cheese Egg Bake Toast Banana	Orange Juice Cereal Toast Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Breast Ms Pot/Gravy Carrots Wheat Bread Watermelon	Baked Haddock Lemon/Tartar Baked Potato/SC Lettuce Salad Rye Bread Ice Cream	Baked Ham Bu Rice Broccoli Wheat Bread Lemon Mer Pie	Roast Turkey Ms Pot/Gravy Green Beans Wheat Bread Strawberry Cup	Roast Beef Boiled Potatoes Cabbage/Carrots Wheat Bread Ice Cream	Perch Lemon/Tartar Potato Salad Cole Slaw Rye Bread Cooks Choice Pie	Baked Chicken Ms Potato/Gravy Lettuce Salad Wheat Bread Red Velvet Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Noodle Soup Ham Salad Sand on a bun Snack Bag Pineapple Cup	Bratwurst on a Bun Ket/Must Baked Beans Pear Cup Cookie	Hot Beef over Ms Potato Carrots Banana Apricot Bar	Omelet O'Brien Potatoes Mandarin Oranges Tapioca Pudding	Sloppy Jo on a Bun Snack Bag Peach 1/2 Jello cup	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	Chop Suey Casserole w/ Rice Roll Molasses Bar

All meals served with coffee, tea, juice, milk, water

Menu's subject to change without notice. Meals may vary based on dietary needs.