

# VALLEY VNA MENU

Week of October 23, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Orange Juice Cereal Wheat Toast Banana	Orange Juice Hard Boiled Eggs Wheat Toast Banana	Orange Juice Scrambled Eggs Wheat Toast Banana	Orange Juice Cereal Wheat Toast Banana	Orange Juice Scrambled Eggs Bacon Toast Banana	Orange Juice Omelets Wheat Toast Banana	Orange Juice Cereal Wheat Toast Banana
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Swedish Meatballs Rice Broccoli Wheat Bread Yellow Cake	Lemon Pepper Cod Lemon/Tartar Pars. Bu Potatoes Green Beans Rye Bread Key Lime Pie	Chicken Fettucini Lettuce Salad Roll Raspberry Parfait	Chicken Marinara Baked Potato/SC Lettuce Salad Garlic Bread Fruit Cup	Pork Chop Ms Potato/Gravy Green Beans Wheat Bread Apple Crisp	Baked Haddock Lemon/Tartar Pars. Bu Potatoes Wax Bean Rye Bread Coconut Crm Pie	Roast Turkey Ms Pot/Gravy Carrots Wheat Bread Vanilla Pudding
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
Chicken Pot Pie Roll Orange Slices Cookie	Turkey Rice Cass Roll Strawberry Cup Ice Cream	Hot Beef Sand on a bun Ketchup Carrots Banana PB Bar	Omelet Pot O'Brien Peach 1/2 Tapioca Pudding	Hot Chicken Sand on a Bun Cole Slaw Cantaloupe Jello Cup	Tomato Soup Grilled Cheese Sandwich Fruit Cocktail Cookie	Hamburger on a Bun Baked Beans Watermelon Ice Cream

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER**

Menu's subject to change without notice! Meals may vary based on dietary needs.