

VALLEY VNA Menu

Week of October 30, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Omelets Toast English Muffin Banana	Orange Juice Scrambled Egg Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Ms Potato/Gravy Lettuce Salad Wheat Bread Pineapple Mix	Baked Cod Lemon/Tartar Augratin Potatoes Corn Rye Bread Lem Meringue Pie	Baked Ham German Pot Salad Peas Wheat Bread Banana Cake	BBq Chicken Baked Potato/SC Green Beans Wheat Bread Cherry Crisp	Lasagna Lettuce Salad Garlic Bread Ice Cream	Tuscan Baked Cod Lemon/Tartar Scallop Potato Lettuce Salad Rye Fruit Mix	Roast Pork Ms Potato/Gravy Peas Wheat Bread Cheesecake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Stew Roll Mandarin Oranges Cookie	Spanish Rice Lettuce Salad Roll Peach Cup Brownie	Hot Pork & Gravy over Ms Pot Asparagus Applesauce Ice Cream	Hot Turk Sand On a Bun Carrots Pear 1/2 Ginger Bar	Beef Stew Roll Banana Tapioca Pudding	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	Chicken Ala King over Biscuit Apricots Sugar Bar

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Menu's subject to change without notice! Meals may vary based on dietary needs.