VALLEY VNA Menu

Week of October 4, 2015

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Scrambled Egg	Scrambled Eggs	Omelets	Cereal	Hard Boiled Eggs	Scrambled Eggs	Cereal
Toast	Toast	Toast	Toast	Toast	Toast	Toast
Banana	Banana	Banana	Banana	Banana	Banana	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Turkey	Potatoe Crusted	Beef & Peppers	Chicken Lasagna	Chop Steak	Baked Haddock	Baked Ham
Ms Pot/Gravy	Fish	Rice	Broccoli	Veggie Sauce	Lemon/Tartar	Dinner Slices
Aspargus	Lem/Tartar	Carrots	Garlic Bread	Baby Bakers	Baked Potato/SC	Lettuce Salad
Wheat Bread	Baked Pot/SC	Wheat Bread	Ice Cream Sundae	Wheat Bread	Cole Slaw	Wheat Bread
Pecan Pie	Lettuce Salad	Pineapple Cup		Cherry Pie	Rye Bread	Mixed Fruit
	Rye				Lemon Pudding	
	Rasp Parfait					
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Vegetable Soup	Hot Chicken	Hot Dog	Hot Pork & Gravy	Turkey Tettrazini	Tomato Soup	Chicken Drummies
Bologna Sand	Sandwich	on a Bun	over Ms Pot	Casserole	Grilled Cheese	Green Beans
on Wheat	Green Beans	Baked Beans	Wax Beans	Cran Jell	Fruit Cocktail	Cran Jell
Peach 1/2	Strawberrys on	Mandarin Oranges	Applesauce	Roll	Cookie	Roll
Cookie	Pound Cake	Tapioca Pudding	S'mores Bar	Pumpkin Bar		Ice Cream

All meals served with beverages.

Meals may vary based on dietary needs. Menu's subject to change without notice!