

VALLEY VNA Menu

Week of October 9, 2016

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Banana	Orange Juice Bacon Egg Bake Toast Banana	Orange Juice Omelets Toast Banana	Orange Juice Cereal Toast Banana	Orange Juice Scrambled Eggs Toast Banana	Orange Juice Hard Boiled Eggs Toast Banana	Orange Juice Cereal Toast Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Baked Ham Baked Pot/SC Asparagus Wheat Bread Marble Cake	Baked Cod Lem/Tartar Bu Potato Slices Lettuce Salad Rye Jello & Cream	Beef & Peppers Rice Carrots Wheat Bread Pineapple Cup	Lasagna Broccoli Garlic Bread Ice Cream Sundae	Beef Short Ribs Baby Bakers Cauliflower w/ Chz Wheat Bread Cherry Pie	Baked Haddock Lemon/Tartar Baked Potato/SC Cole Slaw Rye Bread Lemon Pudding	Roast Turkey Ms Potato/Gravy Lettuce Salad Wheat Bread Mixed Fruit
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Vegetable Soup Bologna Sand on Wheat Peach 1/2 Cookie	Hot Chicken Sandwich Green Beans Strawberry Cup Cupcakes	Hot Dog on a Bun Baked Beans Mandarin Oranges Tapioca Pudding	Hot Pork & Gravy over Ms Pot Wax Beans Applesauce PB Krispy Bar	Turkey Tetrazini Cran Jell Roll Choc Chip Bar	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	Chicken Drummies Green Beans Cran Jell Roll Ice Cream

All meals served with beverages.

Menu's subject to change without notice! Meals may vary based on dietary needs.