

VALLEY VNA Menu

Week of September 20, 2015

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Hard Boiled Eggs Toast English Muffin Banana	Orange Juice Omelets Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Ms/Gravy Asparagus Wheat Bread Baked Apple	Baked Haddock Lemon/Tartar Baked Potato/SC Lettuce Salad Rye Lemon Pudding	Baked Ham Pars. Bu Potatoes Green Beans Wheat Bread Carrot Cake	Krispy Chicken Ms Pot/Gravy Broccoli Cran Jell Wheat Bread Jello Tart w/ Top	Pork Chop Stuffing Carrots Wheat Bread Apple Pie	Tilapia Lemon/Tartar Augratin Potato Mexi Corn Rye Bread Fruit Mix	Salisbury Patties Ms Pot / Gravy Wax Beans Wheat Bread Ice Cream
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chili Corn Muffin Cot Cheese w/ Peach 1/2 on Let Leaf Brownie	Chicken in Gravy over Ms Pot Carrots Cran Jell Apricots	Country Beef Casserole Roll Banana Ice Cream	Chicken Noodle Soup Deli Meat Sand w/ Let & Mayo Chips Trop Fruit	BB French toast Bake w/ BB Sce Saus Patty Orange Slices Vanilla Pudding	Tomato Soup Grill Cheese Fruit Cocktail Cookie	Hot Turkey Sand on a Bun Corn Cran Jell Peaches & Blbrys

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!