

VALLEY VNA MENU

Week of September 27, 2015

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Egg Toast Bacon Banana	Orange Juice Cheese Egg Bake Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Breast Ms Pot/Gravy Peas Wheat Bread Watermelon	Tilapia Lemon/Tartar Augratin Potatoes Mexi Corn Rye Ice Cream	Baked Ham Scallop Pot Broccoli Wheat Bread Cooks Choice Pie	Roast Turkey Bu Rice Green Beans Wheat Bread Pistachio Cake	Roast Beef Pars.Bu Potatoes Mix Veg Wheat Bread Ice Cream	Perch Lemon/Tartar Potato Salad Cole Slaw Rye Bread Lemon Pie	Chop Suey Rice Cauliflower Wheat Bread Molasses Bar
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Bratwurst on a Bun Ket/Must Baked Beans Pear Cup Cookie	Sloppy Jo on a Bun Chips Peach 1/2 Jello Cup	Hot Beef & Gravy over Ms Potato Carrots Banana Apricot Bar	Omelet Potato Slices Mandarin Oranges Blueberry Muffin Tapioca Pudding	Chicken Noodle Soup Ham Salad Sand on a Bun Chips Pineapple Cup	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	Pizza Lettuce Salad Garlic Bread Melon Mix

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!