



Valley VNA Senior Services

GENERATIONS

A trusted community resource for seniors and families since 1908

Fall 2015 Edition

Valley VNA's Mission

Provide seniors with resource information, choices for living and personalized, compassionate care.

IN-HOME CARE

Allows seniors to stay in their home with assistance. Services include help with household tasks, meal prep, bathing and dressing, medication reminders, errands, transportation, companionship, specialized dementia care and more.

SENIOR LIVING COMMUNITY

Located in southeast Neenah, our community of 92 apartments and suites offer independent and assisted living options including specialized care settings for those with early and later stage Alzheimer's or dementia. If you need short-term respite care, Valley VNA can also provide a temporary place to stay.

1535 Lyon Drive
Neenah WI 54956
(920) 727-5555
(920) 426-1931 Oshkosh
(866) 930-8862 Toll Free
(920) 727-5552 Fax

Greenville, Hortonville, New London
315 Burton Rd, Suite 106
New London WI 54961
(920) 538-2974



Keeping you up-to-date!

Newsletter New Name! We hope you enjoy our newsletter and the new name... Generations. The Valley VNA Senior Services has been a part of the community since 1908, with several generations of families that have been touched by us in many different ways. In honor of those years our newsletter has a name!

Mission Update Each year a company will review it's mission, vision and value statements to be sure they still describe who they are, what they want to accomplish and what they value. This year we reviewed ours with minor updates to all of them. You can find the Mission of the Valley VNA at the top left corner of this newsletter. To share these important statements with our residents, their family, staff and other guests, we have framed and posted them throughout our Neenah campus. We have also shared them in our internal newsletters.

Grant Dollars for In-Home Care:

We have received three grants to support our life enrichment programs for our In-Home Care clients. We are very grateful to the following for making this possible:

- Chalice Circle of King's Daughters & Sons Fund
- Art & Mary Leske Charitable Fund
- Grace G. Smith Elderly Assistance Fund

The grants will fund transportation to

and from the life enriching activity Lyrics & Laughter, helping them find joy in each day! Thank you!!!

Love Light Angels Save the Date!

Our Love Light Angel tree lighting program will be held on Thursday, December 3, 2015 at 6 pm, Valley VNA 1535 Lyon Drive, Neenah.

Honor a loved one by making a donation to the Valley VNA Senior Services. An angel with your loved one's name on it will be placed on our holiday tree and dedicated during the program.

Back to School Fair



Each year we support the Back to School Fair for the Neenah Menasha Emergency Society. The Neenah Menasha Emergency Society has their Back to School Fair which serves low-income families of school children in Neenah and Menasha communities. They are able to help 1,300 students and families with their back to school supplies!

Your family ... our focus

Keeping you up-to-date - continued

Each child receives a backpack containing supplies, a certificate for a pair of shoes redeemable at Rogan's, and a gift card. We are one of the many organizations in our community that donate the supplies to make sure the kids can start school with what they need. Pictured is Beth Krause, Neenah Menasha Emergency Society and Bobbie Rhodes, Valley VNA.

**Poetry At Play with Gary**

Gary Glasner founded the Alzheimer's Poetry Project. The mission of the Alzheimer's Poetry Project is to facilitate the creativity of people living with Alzheimer's disease and dementia. They engage people with memory loss in an exciting call and response during the first half of the workshop, then recites lines of classic, well-loved poems and the group joins together in echoing the words. Thank you Gary for your poems and bringing joy and smiles to so many!

Grant Supports Training and Music Programs

In June, we were selected to receive a grant of \$14,000 from the *George & Gussie Balck and Art & Mary Leske Charitable Fund within the Community Foundation for the Fox Valley Region*. This generous donation will go to:

- Development of a personal caregiver training and scholarship program.
- Support our music focused activities including the **Music and Memory** and **Lyrics & Laughter** programs. We greatly appreciate this generous grant that will support our work of meeting the needs of the seniors we serve.

Foot Care Clinics Did you know we have a Foot Care program? We offer clinics in Neenah, Menasha, Oshkosh, Winneconne, Omro, Greenville and New London each month.

The Foot Care clinic services include:

- Foot Exam by an RN
- Foot Soak
- Massage
- Callus Reduction
- Toenail File and Trim



During these 20 minute appointments, nurses will also provide education and referrals as appropriate.

"I never met a foot I didn't like," says Joy, RN. Your foot care is essential to your overall health. Joy provides aromatherapy, music, and chocolates to provide an atmosphere of relaxation. "I want to put them at ease and hope they experience something very comforting that leaves them feeling like they are walking on clouds."

Meet our foot care team: Anne, Joy, Debbie, Diane, Julie, Bobbie, Holly, Becky, Pam and Colleen.

Please call us at 920-727-5555 for an appointment.



2015 Walk to End Alzheimer's Please join us in support of the Alzheimer's Association's Walk to End Alzheimer's on **Saturday, October 3th** at the Fox Cities Stadium. Funds raised from the walk are directed to Alzheimer's care, support and research. Walk on Valley VNA's team or donate to our team at: <http://act.alz.org/goto/valleyvna>. Everyone that walks gets a fun t-shirt! E-mail your t-shirt size to MarianD@valleyvna.org. *For questions please call 920-727-5555 or tammym@valleyvna.org*

Snapshots - A quick look at some of our fun activities

Music, gardens, beach parties ... and Elvis too!



About 400 people attended this year's annual picnic! It was a great time for our residents, clients and their families!



Thursday, November 5, 2015
Bridgewood Resort Conference Center Neenah
Bistro Lunch from 12 noon to 3 pm
Evening on the Boulevard 4 pm to 7 pm

This year marks the 13th year of the Holiday Avenue Shopping for a Cause event. Proceeds from the event directly funds activities and programs that bring joy to people's lives and allow our residents and clients the opportunity to participate in hundreds of life enriching activities each year. This event is a wonderful way to support a community organization that has been helping people for 108 years!



Tickets are \$35 in advance or \$40 at the door. Tickets will be available **soon** at www.valleyvna.org/holidayavenue.



Delicious food, shopping, friends, fun, door prizes, raffles, chocolate and so much more!

Upcoming Flu Clinics

FLU VACCINATION CLINICS - Public clinics will be held during the month of October at the following locations:

Valley VNA - 1535 Lyon Drive, Neenah

9 am-Noon, Mondays - October 5, 12, 19, 26

4-6 pm, Wednesdays - October 7, 14, 21, 28

Oshkosh Senior Center - 201 N Campbell Road, Oshkosh

9 am-Noon, Wednesdays - October 7, 14, 21, 28

Menasha Senior Center - 116 Main St, Menasha

ONE CLINIC ONLY

9 am-Noon - Thursday, October 1

Get your Flu Shot!



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Want to update your mailing information or prefer to receive this newsletter via email? Call (920) 727-5555 ext. 2207 or send an email to - tammym@valleyvna.org

Flu Vaccine \$32 High Dose Vaccine \$50

Medicare Part B and most Medicare PPO Advantage Plans will cover the cost of vaccines Available to people 65 & Older—Bring all of your insurance cards!

Bring your canned goods for donations to the local food pantries!

For more information on upcoming flu clinics, please call (920) 727-5555.