

Valley VNA In-Touch

NEWSLETTER - MARCH/APRIL 2017



Valley VNA News

Theresa Pichelmeyer
President & CEO

Bring on Spring!! I am sure all of you are as ready as we are. Looking forward to be able to get outside and enjoy some warm sunshine. I have shared with you many of our efforts to recruit and retain an engaged and knowledgeable workforce in the face of many daunting challenges. You will read about one of our efforts in working with Neenah High School Youth Apprenticeship Program. What a wonderful program to introduce our youth to potential careers and work opportunities. We have several students who are or have worked at Valley VNA as caregivers through this program.

We are also working with Wisconsin's Assisted Living Association in engaging in dialog with our legislators to include increased reimbursement for Family Care Program residents. Angela and I spent the day at the Capital yesterday to meeting with Senator Roth as well as having frequent conversations with Representative Mike Rohrkast who sits on the Joint Finance Committee. On April 7th we will be testifying at one of the community meetings with legislators as to the importance of ensuring that Assisted Living facilities are included in the new budget as well as work to improve the number of qualified caregivers for today and in the future. Daunting challenges but we are making sure that we are part of the solution. If any family member is interested in testifying with us on April 7th in Berlin, please be sure to contact me!



Pat Hoogervorst, RN
Clinical Services Director

Independent & Assisted Living Updates

The Youth Apprenticeship (YA) program offered to high school junior and seniors is a unique program that gives the students hands on experience in the field they have interest in. This program allows students to gain work experience and gives them the opportunity to fully understand the work, helping them choose their path after high school graduation.

On Thursday March 2nd Theresa and I joined four Neenah High School students and staff for the 3rd Annual YA Day in Madison. Students across the state who are



Angela Franz, Operations Manager

participating in YA shared how this program has had a positive impact on them and how much they appreciate the opportunity to gain the work experience. Visits were set up with state representatives and legislators where students and employers were given the opportunity to speak on their experience with the YA program and encourage continued support and funding for the program. Valley VNA employs CNA students in the YA program with great success and looks forward to the continued success of this program.



In-Home Care Updates

Colleen Harvot, In-Home Care Director



Trained to Meet Your Needs

At the beginning of each year, all Personal Care Attendants participate in our annual Skills Review. This is a refresher class that gives our PCAs hands-on practice to insure they are comfortable and proficient in the skills they may use in your home. It also gives them the opportunity to share ideas and tips with their coworkers.

The 2017 sessions included a review of personal cares, oxygen use, transfers and lifts, and vital signs. The sessions were conducted by our RNs and we are pleased to announce that all of our caregivers successfully completed this review.

This is one example of the training that we provide for our staff. In-services as well as one to one skills training sessions are available to all staff year round. We provide this training to ensure that you or your loved one receive quality care.

Spotlight on Resident Rights



We respect and support our residents in exercising their rights. The Department of Health Services has established a list of resident rights for Community Based Residential Facilities (CBRF) in the state of Wisconsin. Over the course of several newsletters, Valley VNA will highlight some of these rights. A full list is located in your Resident HANDBOOK

Right to be fully informed, in writing, prior to or at the time of move-in of all services included in the per diem rate, other services available, and the charges for such services. Right to be informed in writing of changes in services or charges during the residents stay. (S.50.09(1)(j) stats).

If you have questions about resident rights, please talk to the Assisted Living Operations Manager (Angela F), the Clinical Services Director (Pat H), Valley VNA President / CEO (Theresa P), or the Education Coordinator (Cheryl E).



Corrie, Christy, Carrie, Bill, Candice, Joelin

Life Enrichment Activities

NEW at the VNA

“Great Moments in History”

The VNA Life Enrichment staff is always trying to bring our residents a wide variety of programming each month. One of the new programs we initiated in February is called “Great Moments in History” and is facilitated by local historian Dick Campbell. Dick is the retired Executive Director of the Oshkosh YMCA. He has always had an interest in history since he was a small boy. Dick has put together 12 different PowerPoint presentations featuring specific events of significance from days gone by.

In February Dick did a presentation entitled “Remembering Pearl Harbor” which our residents found fascinating. In April, Dick will be showcasing his program, “The Story of Charles Lindbergh’s Path to Glory” which will focus upon Lindbergh’s historic non-stop flight from New York to Paris in 1927. Future presentations will feature Lewis & Clark, the Klondike Gold Rush, the Oregon Trail, the Wright Brothers, and the fate of the U.S.S. Indianapolis.

Watch for these on our Activity calendars in the coming months!!

The Greatest Investment we can ever make is to invest our life in the life of someone else.

We are offering a Family Education Series

Dementia 101

Communication & Dementia

Presented by Julie Fries & Carrie Esselman

Wednesday, April 26th

5:30 pm—7:00 pm

Valley VNA Senior Services

Keller Community Center

This is a FREE program!

Please RSVP to Marian if you will be attending 727-5544.



In Home Care Activities

One of our many goals as a home care provider is to assist seniors with staying active and to promote overall well being. We have equipment that can be brought to your home and we offer assistance with therapy exercises including pedal exercisers and virtual biking videos. Learning gentle yoga practice provides many benefits for seniors with movement disorders. It can improve balance, strengthen to prevent muscle atrophy, lower blood pressure and improve overall mood. We have Yoga and Tai Chi DVDs and equipment available.

We also offer transportation and companionship to the YMCA and other fitness centers for any exercise classes you may want to attend.

Foot Care Clinics

Public clinics are offered at the following locations throughout the Fox Valley. For clinic dates and times and to schedule an appointment, please call 920-727-5555 (unless otherwise noted).

VALLEY VNA SENIOR SERVICES

1535 Lyon Dr, Neenah

MENASHA SENIOR CENTER

116 Main St, Menasha

ELIZABETH CT APTS

936 6th St, Menasha

NEW LONDON SENIOR CENTER

600 W Washington St, New London
For appointments call - 920-538-2974

PINEWOOD MANOR

125 Pine St., Hortonville



GREENVILLE YMCA

W6931 School Rd, Greenville

OMRO COMMUNITY CENTER

130 W. Larrabee St – Omro

OSHKOSH YMCA DOWNTOWN

424 Washington Ave, Oshkosh

OSHKOSH SENIORS CENTER

200 N Campbell Rd, Oshkosh
For appointments call - 920-232-5310



Tammy Malewski
Marketing & Fund Development Director

We invite you to “like” the **Valley VNA Senior Services** Facebook page. Each week we share photos of activities, events or programs being held.

We will warm your heart with our beautiful life stories in our *Valley VNA Voices* blog. Residents and staff share where they were born and raised, when they fell in love and created their families, what their career was, and what brought them to Valley VNA. Parts of the blog will make you laugh and smile, and others may bring a tear.

We enjoy sharing our long history in the community and will post photos from as far back as 1908 on *Throw Back Thursdays*.

We hope you will enjoy our page!

