

VALLEY VNA MENU

Week of August 13, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Egg Toast English Muffin Banana	Orange Juice Pancakes Syrup Sausage Banana	Orange Juice Cereal Toast Banana Bread Breakfast Fruit bucket in a box	Orange Juice Bacon, Cheese & Peppers Egg Bake English Muffin Banana	Orange Juice Scrambled Egg Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Ms Pot/Gravy Emperor Mix Veg Wheat Bread Choc Crm Dessert	Baked Haddock Lemon/Tartar Baked Potato/SC Mixed Greens Rye Bread Fruit Mix bucket in a box	Bkd Chicken Breasts Ms Pot/Gravy Keywest Veg Mix Cran Jell Wheat Bread Banana Toffee Bar	Pork Chop Ms/Gravy Corn on the Cob Wheat Bread Apple Cobbler	Scallop Potatoes & Ham Island Veggies Wheat Bread Fruit Mix raspbry&man or	Baked Fish Lemon/Tartar Red Bliss Slc Pot Mixed Greens Rye Bread Cheesecake	Roast Turkey Ms/Gravy Asparagus Cran Jell Wheat Bread Cherry Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Boiled Ham Sand on Wheat Let/Tom/Mayo Chex Mix Peach Slices Jello w/ Topping	French Onion Burger Wheat Bun Let/Tom/Pickles Gardetto's Pears Cookie	Bacon,PepperJack Macaroni & Cheese Spinach Mix Salad WG Roll Oranges Frosted Apricot Bar	Chicken & Rice Soup Summer Sausage Cheese Cubes Crackers Deviled Egg Strawberries	BBq Chicken on a bun Veggie St/Dip Watermelon Choc Chip Bar	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	Pizza Mixed Greens Oranges Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!