VALLEY VNA MENU

Week of August 6, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Hard Boiled Eggs	Cereal	French Toast	Bacon Egg Bake	Cereal
Toast	Toast	Toast	Toast	Syrup	Toast	Toast
English Muffin	English Muffin	English Muffin	Bran Muffin	Bacon	English Muffin	Oranges
Banana	Banana	Banana	Blueberries	Banana	Banana	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Turkey	Baked Haddock	Chicken Caccitore	Shrimp	Meatloaf	Baked Cod	Roast Pork
Stuffing	Lemon/Tartar	w/ Pasta	Lemon/Sauce	Baked Potato/SC	Lemon/Tartar	Ms Pot/Gravy
Gr Bean Casserole	Baked Potato/SC	Mix Greens	Potato Salad	Broccoli Cass	Confetti Brown Rice	Mixed Greens
Cran Jell	Corn & Pea Mix	Garlic Bread	Cole Slaw	Wheat Bread	Asparagus	Wheat Bread
Roll	Rye Bread	Apricot Fruit Salad	Cooks Choice Pie	Watermelon	Rye Bread	Warm Baked Apple
Coconut Cream Pie	Berry Mix w/ Crm				Cooks Choice Pie	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Egg Salad	BBq Beef	Omelets	Chicken Fajita	Crab Salad	Tomato Soup	Chicken Salad
on a Bun	on a WG Bun	O'Brien Potatoes	Sandwich on Hoagie	on Let Leaaf	Grill Cheese	on Wheat
Let & Tom Slice	Baked Beans	Peaches & Bluebrys	Mixed Greens	WG Roll	Fruit Salad	Let/Tom
Carrot Stx/Dip	Mandarin Oranges	Tapioca Pudding	Corn on the Cob	Veggie Sticks	Cookie	Veggie Stix/Dip
Pears	Ice Cream Bar		Mango Mix	Pineapple		Strawberries
Cookie				Marble Cake		Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!