VALLEY VNA MENU

Week of December 10, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Egg	Hard Boiled Egg	Cereal	Scrambled Egg	French Toast	Cereal
Toast	Bacon	Toast	Toast	Toast	Syrup	Toast
English Muffin	Toast	Peanutbutter	Banana Bread	English Muffin	Bacon	Oranges
Banana	English Muffin	English Muffin	Blueberries	Banana	Banana	-
	Banana	Raspberries				
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DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Swiss Steak	Cod	Lasagna	Chicken Stir Fry	Beef Tenderloin	Alaskan Pollack	Baked Chicken
Red Bliss Ms/Gravy	Lemon/Tartar	Spinach Salad	over Rice	Fried Potato	Lemon/Tartar	Ms/Gravy
Carrots	Baked Potato/SC	Garlic Bread	WG Roll	Mixed Greens	Baked Potato/SC	Peas
Wheat Bread	Broc Casserole	Angel Dessert	Cooks Choice Pie	Wheat Bread	Island Veg Mix	Cran Jell
Cherry Crisp	Rye			Country Apple Dess	Rye Bread	Wheat Bread
	Cooks Choice Pie				Strawberries	Banana Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Pot Pie	BBq Beef	Omelets	Stuff Green Pepper	Chicken Stew	Minestrone Soup	Hot Pork Sand
Roll	on a WG Bun	O'Brien Potatoes	Soup	WG Roll	Grill Cheese	on Bun
Orange Slices	Corn	Fruit Cocktail	Ham Sand	Cran Jell	Fruit Salad	Coleslaw
Peanutbutter Bar	Pears	Tapioca Pudding	on Wheat	Banana	Cookie	Applesauce
	Ice Cream		Mixed Greens	Ice Cream		Custard
			Fruit Mix			

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!