## VALLEY VNA MENU

Week of December 17, 2017

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Egg	Hard Boiled Egg	Cereal	Pancakes	Omelet	Cereal
Toast	Bacon	Bacon	Choice of Toast	Syrup	Choice of Toast	Choice of Toast
Banana	Choice of Toast	Choice of Toast	Peanutbutter	Bacon	Banana	Blueberries
	Banana	Banana	Raspberries	Banana		
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DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Scallop Potatoes &	Baked Haddock	Chicken Cacciatore	Meatloaf	Spinach Ravioli	Shrimp	Beef & Peppers
Ham	Lemon/Tartar	w/ Fettucine	Ms Potato/Gravy	w/ Marinara	Lemon/Tartar	Rice
Green Beans	Baked Swt Pot	Carrots	Broccoili	Romaine Salad	Potato Salad	Mix Greens
Wheat Bread	Rye Bread	Wheat Bread	Wheat Bread	Garlic Bread	Cole Slaw	Wheat Bread
Fruit Mix	Ice Cream	Pecan Pie	Peach Pud Cake	Pumpkin Pie	Rye Bread	Marble Cake
raspbry&man or					Berry Mix	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hamburger	French Toast	Quiche Bake	Chicken & Rice Soup	Hot Dog	Chili	Hot Chicken&Gravy
on WG Bun	Syrup	Romaine Salad	Chicken Salad Sand	on a Bun	Grilled Cheese	over Ms Pot
Ket/Must/Pickle	Saus	Orange Slices	on Bun	Baked Bean	Fruit Cocktail	Carrots
Corn	Fresh Pineapple	WG Roll	Snack Bag	Pears	Cookie	Fruit Mix
Strawberries	Pistachio Pudding	Peanutbutter Bar	Banana	Ice Cream		Raspberry Parfait
Choc Chip Bar			Cookie			

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!