

VALLEY VNA MENU

Week of December 3, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|---|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Orange Juice Cereal Toast English Muffin Banana | Orange Juice Scrambled Eggs Toast English Muffin Banana | Orange Juice Scrambled Eggs Toast English Muffin Banana | Orange Juice Cereal Cinnamon Swirl Tst Mixed Fresh Fruit | Orange Juice Scrambled Eggs Toast English Muffin Banana | Orange Juice Pancakes Syrup Bacon Banana | Orange Juice Cereal Toast English Muffin Raspberries |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Roast Pork Ms Potato/Gravy Sauerkraut Wheat Bread Apple Pie | Baked Haddock Lemon/Tartar O'Brien Pot Mixed Greens Rye Bread Melon Mix | Apricot Chicken Stuffing Corn Cran Jell Wheat Bread Cookies & Crm Pie | Beef Roast Ms Pot/Gravy Squash Wheat Bread Ice Cream | Chop Suey Rice Mix Greens Wheat Bread Cherry Cake | Tuscan Seas Cod Lemon/Tartar Baked Pot/SC Broccoli Rye Bread Blueberry Pie | Roast Turkey Sweet Potato Romaine Salad Cran Jell Wheat Bread Rasp Oat Bar |
| SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER |
| Tomato Beef Casserole WG Roll Pears Vanilla Pudding | Hot Beef over Ms Pot/Gravy Carrots Pineapple Mix Cookie | Beef Barley Soup Hard Boiled Egg Casserole Crossiant Oranges Red Velvet Cake | Turkey Tetrazini Casserole Green Beans Sweet Pot Muffin Pineapple Tart | Chicken Dumpling Soup Bologna Sandwich on Wheat Pickled Beets Banana Jello w/ Topping | Tomato Soup Grilled Pepper Jack Cheese Watergate Salad Cookie | Sloppy Jo on Bun Snack Bag Peach Ice Cream |

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!