## VALLEY VNA MENU

Week of July 30, 2017

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Hard Boiled Egg	Cheese, Sausage	Cereal	Waffles	Scrambled Eggs	Cereal
Toast	Toast	Egg Bake	Muffin	Syrup	Toast	Toast
English Muffin	English Muffin	English Muffin	Mixed Fresh Fruit	Bacon	English Muffin	English Muffin
Banana	Banana	Banana		Banana	Banana	Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork	Salmon Pattie	Turkey Rolls	Beef Short Ribs	Chicken Stir-Fry	Lem Pepper Cod	Bratwurst
Ms Potato/Gravy	Lemon/Tartar	w/ Asparagus	Twice Baked Potato	Rice	Lemon/Tartar	on a Bun
Cabbage	Red Bliss Potato	Yams	Parisian Carrots	w/ Vegetables	Pars Bu Potatoes	Sweet Corn
Wheat Bread	Mexi Corn	Cran Jell	Wheat Bread	Wheat Bread	Mixed Greens	Macaroni Salad
Apple Bar	Rye Bread	Wheat Bread	Angel Food Cake	Lemon Bar	Rye Bread	Ice Cream Sundae
	Raspberry Oat Bar	Fruit Mix			Fruit Mix	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Deli Turkey Sand	Taco's	French Toast	Chicken Noodle	Italian	Tomato Soup	Rueben
On WG Bun	Toppings	Syrup	Soup	Anti-Pasto Salad	Grilled Cheese	on Rye
Let/Tom/Mayo	Baked Beans	Bacon	Boiled Ham Sand	Garlic Bread	Fruit Cocktail	Celery Stix/Dip
Cantaloupe	Pears	Oranges	on Wheat	Deviled Egg	Cookie	Peach Cup
Jello	Ice Cream	Vanilla Pudding	Cucumber Salad	Strawberries		Brownie
			Fruit Mix			
			Cookie			

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!