

VALLEY VNA MENU

Week of October 15, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Egg Bacon Toast English Muffin Banana	Orange Juice Hard Boiled Egg Toast Peanutbutter English Muffin Raspberries	Orange Juice Cereal Toast Banana Bread Blueberries	Orange Juice Scrambled Egg Toast English Muffin Banana	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Cereal Toast Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Swiss Steak Red Bliss Ms/Gravy Carrots Wheat Bread Cherry Crisp	Cod Lemon/Tartar Baked Potato/SC Broc Casserole Rye Cooks Choice Pie	Lasagna Spinach Salad Garlic Bread Angel Dessert	Chicken Stir Fry over Rice WG Roll Keylime Pie	Beef Tenderloin Fried Potato Mixed Greens Wheat Bread Country Apple Dess	Alaskan Pollack Lemon/Tartar Baked Potato/SC Island Veg Mix Rye Bread Strawberries	Baked Chicken Ms/Gravy Peas Cran Jell Wheat Bread Lemon Poppyseed Cakes
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Pot Pie Roll Orange Slices Peanutbutters Bar	BBq Beef on a WG Bun Corn Pears Ice Cream	Omelets O'Brien Potatoes Fruit Cocktail Tapioca Pudding	Stuff Green Pepper Soup Ham Sand on Wheat Mixed Greens Fruit Mix	Chicken Stew WG Roll Cran Jell Banana Ice Cream	Minestrone Soup Grill Cheese Fruit Salad Cookie	Hot Pork Sand on Bun Kale Coleslaw Applesauce Custard

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!