

VALLEY VNA MENU

Week of October 22, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Egg Bacon Choice of Toast Banana	Orange Juice Hard Boiled Egg Bacon Choice of Toast Banana	Orange Juice Cereal Choice of Toast Peanutbutter Raspberries	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Omelet Choice of Toast English Muffin Banana	Orange Juice Cereal Choice of Toast English Muffin Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Scallop Potatoes & Ham Green Beans Wheat Bread Fruit Mix	Baked Haddock Lemon/Tartar Baked Swt Pot Mixed Greens Rye Bread Ice Cream	Chicken Cacciatore w/ Fettucini Carrots Wheat Bread Pecan Pie	Meatloaf Ms Potato/Gravy Broccoili Wheat Bread Peach Pud Cake	Spinach Ravioli w/ Marinara Romaine Salad Garlic Bread Pumpkin Pie	Shrimp Lemon/Tartar Potato Salad Kale Cole Slaw Rye Bread Berry Mix	Beef & Peppers Rice Mix Greens Wheat Bread Marble Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hamburger on WG Bun Ket/Must/Pickle Corn Strawberries Choc Chip Bar	French Toast Syrup Saus Fresh Pineapple Pistachio Pudding	Quiche Bake Romaine Salad Orange Slices WG Roll Peanutbutter Bar	Chicken & Rice Soup Chicken Salad Sand on Bun Snack Bag Banana Cookie	Hot Dog on a Bun Baked Bean Pears Ice Cream	Chili Grilled Cheese Fruit Cocktail Cookie	Hot Chicken&Gravy over Ms Pot Carrots Fruit Mix Raspberry Parfait

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!