

VALLEY VNA MENU

Week of October 8, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Omelet Toast English Muffin Banana	Orange Juice Cereal Cinn Swirl Toast Mixed Fresh Fruit	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Cereal Toast English Muffin Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Ms Potato/Gravy Sauerkraut Wheat Bread Apple Cobbler	Baked Haddock Lemon/Tartar O'Brien Pot Mixed Greens Rye Bread Melon Mix	Apricot Chicken Sliced Potatoes Corn Cran Jell Wheat Bread Cookies & Crm Pie	Beef Roast Ms Pot/Gravy Squash Wheat Bread Ice Cream	Chop Suey Rice Mix Greens Wheat Bread Cherry Cake	Tuscan Seas Cod Lemon/Tartar Baked Pot/SC Broccoli Rye Bread Blueberry Pie	Roast Turkey Sweet Potato Romaine Salad Cran Jell Wheat Bread Rasp Oat Bar
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Tomato Beef Casserole WG Roll Pears Vanilla Pudding	Hot Beef over Ms Pot/Gravy Carrots Pineapple Mix Cookie	Beef Barley Soup Hard Boiled Egg Casserole Crossiant Oranges Red Velvet Cake	Turkey Tetrazini Casserole Green Beans Sweet Pot Muffin Pineapple Tart	Chicken Dumpling Soup Bologna Sandwich on Wheat Pickled Beets Banana Jello w/ Topping	Tomato Soup Grilled Pepper Jack Cheese Watergate Salad Cookie	Sloppy Jo on Bun Snack Bag Peach Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!