

Valley VNA Menu

Week of September 10, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Omelets Toast Bacon Banana	Orange Juice Cereal Banana Bread Blueberries	Orange Juice Ham & Egg Bake English Muffin Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Cereal Toast Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
C/S Pork Ribs Ms Potato/Gravy Sauerkraut Wheat Bread Carrot Cake	Baked Haddock Lemon/Tartar Yams Asparagus Rye Cooks Choice Pie	Beef Tenderloin w/ Mixed Peppers Baked Potato/SC Romaine Salad/Drsg Wheat Bread Mixed Berries w/Whipped Cream	Homestyle Chicken Red Ms Pot/Gravy String Beans Cranberry Jell Wheat Bread Choc Chip Bar	WG Spaghetti w/ Meatsauce Mixed Greens/Drsg Garlic Bread PA Up Down Cake	Shrimp Lemon/Tartar Potato Salad Coleslaw Rye Bread Cooks Choice Pie	Roast Turkey Roasted Swt Potato Romaine Salad/Drsg Cran Jell Wheat Bread Peach Fruit Salad
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of Asparagus Soup Salami Sandwich on Wheat w/ Let/Tom Banana PB Krispie Bar	Bkd Chicken Legs Mixed Greens/Drsg Cranberry Jell Veggie Stix Melon Fruit Mix	BBq Pork on a Bun Baked Beans Coleslaw Mandarin Oranges Ice Cream	Deluxe Hamburger on a Bun Let/Tom/Mayo Onion/Pickle Cowboy Caviar(corn) Fresh Fruit Salad	Salmon Salad Sand on Rye Let/Tom 3-Bean Salad Cantaloupe Oatmeal Bar	Tomato Soup Grill Cheese Fruit Cocktail Ice Crm Sandwich	Chicken Salad on Wheat Let/Tom/Pickles Fruit Mix Jello w/ Whip Crm

ALL MEALS SERVED WITH Coffee, Tea, Juice, Milk or Water.

Meals may vary based on dietary needs. Menu's subject to change without notice!