

VALLEY VNA MENU

Week of September 17, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Hard Boiled Egg Toast English Muffin Banana	Orange Juice Pancakes Syrup Sausage Breakfast Fruit	Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Egg Toast Bacon Banana	Orange Juice Omelet Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Carved Rst Beef Ms Pot/Gravy Wax Beans Wheat Bread Strawberries	Baked Cod Lemon/Tartar Red Bliss Potato Keywest Mix Veg Rye Bread Cooks Choice Pie	Baked Pork Chops Ms Pot/Gravy Brussel Sprouts Wheat Bread Apple Cobbler	BBq Chicken Baked Potato/SC Mexi Corn Wheat Bread Ice Cream	Meatloaf Ms Pot/Gravy Beets Wheat Bread Vanilla Cream Dess	Tuscan Cod Lemon & Tartar Pars. Bu Potatoes Cole Slaw Rye Bread Choc Cake	Chili Chicken & Rice Casserole Mixed Greens Salad WG Roll Pumpkin Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Dog/Bun Ket/Must/Pickles Peas & Cheese Salad Mandarin Oranges Cookie	Turkey BLT on WG Bun Carrot Raisin Salad Pears Peanutbutter Bar	Chicken Noodle Soup Cottage Cheese Fruit Cocktail WG Roll Jello Cubes w/ Whipped Cream	Tuna Salad Sand On WG Bun Let/Tom Mixed Greens Salad Pinapple Mix Ice Cream	Minestrone Pasta Salad Cheddar Cubes Crackers Mango Brownie	Tomato Soup Grilled Cheese Fruit Salad Cookie	Turkeyburger on WG Bun Let/Tom/Mayo Baked Beans Carrot & Celery Stx Watermelon

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!