VALLEY VNA MENU

Week of February 11, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Egg	Hard Boiled Egg	Cereal	Pancakes	Omelet	Cereal
Toast	Bacon	Bacon	Choice of Toast	Syrup	Choice of Toast	Choice of Toast
Banana	Choice of Toast	Choice of Toast	Peanutbutter	Bacon	Banana	Blueberries
	Banana	Banana	Raspberries	Banana		
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
		MARDI GRAS	VALENTINES DAY			
Meatloaf	Baked Haddock		ASH WEDNESDAY	Spinach Ravioli	Battered Cod	Beef & Peppers
Baked Potato/SC	Lemon/Tartar	Jambalaya	Shrimp Alfredo	w/ Marinara	Lemon/Tartar	Rice
Green Beans	Baked Swt Pot	w/ Rice	w/ Pasta	Romaine Salad	Potato Salad	Mix Greens
Wheat Bread	Mixed Greens	Biscuit	Romaine Salad	Garlic Bread	Cole Slaw	Wheat Bread
Fruit Mix	Rye Bread	Fruit Salad	Roll	Pumpkin Pie	Rye Bread	Marble Cake
	Ice Cream	Kings Cake	Cherry Cheesecake		Berry Mix	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Turkeyburger	French Toast	Chicken & Rice Soup	Quiche Bake	Hot Dog	Chili	Hot Chicken&Gravy
on WG Bun	Syrup	Chicken Salad Sand	Romaine Salad	on a Bun	Grilled Cheese	over Ms Pot
Ket/Must/Pickle	Saus	on Bun	WG Roll	Baked Bean	Fruit Cocktail	Carrots
Corn	Fresh Pineapple	Snack Bag	Orange slices	Pears	Cookie	Fruit Mix
Strawberries	Pistachio Pudding	Banana	Peanutbutter Bar	Ice Cream		Raspberry Parfait
Choc Chip Bar		Cookie				

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!