

# VALLEY VNA MENU

Week of February 18, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|---|---|--|---|--|---|---|
| <b>BREAKFAST</b>  | <b>BREAKFAST</b>  | <b>BREAKFAST</b>   | <b>BREAKFAST</b>  | <b>BREAKFAST</b>   | <b>BREAKFAST</b>  | <b>BREAKFAST</b>  |
| Orange Juice<br>Cereal<br>Toast<br>English Muffin<br>Banana                       | Orange Juice<br>Scrambled Eggs<br>Choice of Toast<br>English Muffin<br>Banana | Orange Juice<br>Waffle<br>Syrup<br>Bacon<br>Banana                                   | Orange Juice<br>Cereal<br>Choice of Toast<br>Peanutbutter<br>Oranges                          | Orange Juice<br>Scrambled Eggs<br>Choice of Toast<br>Bacon<br>Banana                             | Orange Juice<br>Pancakes<br>Syrup<br>Bacon<br>Banana                                | Orange Juice<br>Cereal<br>Choice of Toast<br>Peanutbutter<br>Raspberrys                 |
| <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>  | <b>DINNER</b>   | <b>DINNER</b>   |
| Mostaccioli<br>Spinach Mix Greens<br>Garlic Bread<br>Chocolate Pudding            | Beef Short Ribs<br>Parmesan Potato<br>Cabbage<br>Wheat Bread<br>Fruit Mix     | Baked Cod<br>Lemon/Tartar<br>Sweet Potato<br>Mix Veggies<br>Rye<br>Cookies & Crm Pie | Swedish Meatballs<br>Pasta<br>Mix Greens<br>Wheat Bread<br>White Cake                         | Homestyle<br>Baked Chicken<br>Stuffing<br>Squash<br>Cran Jell<br>Wheat Bread<br>Cooks Choice Pie | Perch<br>Lemon/Tartar<br>Potato Salad<br>Cole Slaw<br>Rye Bread<br>Bread Pudding    | Roast Turkey<br>Dressing/Gravy<br>String Beans<br>Cran Jell<br>Wheat Bread<br>Fruit Mix |
| <b>SUPPER</b>   | <b>SUPPER</b>   | <b>SUPPER</b>  | <b>SUPPER</b>   | <b>SUPPER</b>  | <b>SUPPER</b>   | <b>SUPPER</b>   |
| Hot Beef<br>on a Bun<br>Ketchup/Pickles<br>Carrots<br>Raspberries<br>Molasses Bar | Spanish Rice<br>Mix Greens<br>Roll<br>Peaches<br>Ice Cream                    | Chicken Ala King<br>over Biscuit<br>Strawberries<br>Brownie                          | Beef Barley Soup<br>Shrimp Salad<br>on Let Leaf<br>Deviled Egg<br>Pineapple<br>Roll<br>Cookie | Pizza<br>Mix Greens<br>Fruit Mix<br>Ice Cream Sundae   | Chicken Noodle<br>Soup<br>Grilled Pepper Jack<br>Cheese<br>Fruit Cocktail<br>Cookie | Ham & Cheese<br>Bunwich<br>Baked Beans<br>Oranges<br>Banana Cake                        |

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!