

VALLEY VNA MENU

Week of January 28, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Cereal Cinnamon Swirl Tst Mixed Fresh Fruit	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Cereal Toast English Muffin Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Ms Potato/Gravy Sauerkraut Wheat Bread Apple Pie	Baked Haddock Lemon/Tartar O'Brien Pot Mixed Greens Rye Bread Melon Mix	Apricot Chicken Stuffing Corn Cran Jell Wheat Bread Cookies & Crm Pie	Beef Roast Ms Pot/Gravy Squash Wheat Bread Ice Cream	Chop Suey Rice Mix Greens Wheat Bread Cherry Cake	Tuscan Seas Cod Lemon/Tartar Baked Pot/SC Broccoli Rye Bread Key Lime Pie	Roast Turkey Sweet Potato Romaine Salad Cran Jell Wheat Bread Rasp Oat Bar
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Tomato Beef Casserole WG Roll Pears Vanilla Pudding	Hot Beef over Ms Pot/Gravy Carrots Pineapple Mix Cookie	Ham & Potato Casserole w/ Peas Oranges Red Velvet Cake	Turkey Tetrazini Casserole Green Beans Sweet Pot Muffin Pineapple Tart	Chicken Dumpling Soup Bologna Sandwich on Wheat Pickled Beets Banana Jello w/ Topping	Tomato Soup Grilled Pepper Jack Cheese Watergate Salad Cookie	Sloppy Jo on Bun Snack Bag Peach Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!