## VALLEY VNA MENU

Week of January 21, 2017

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Hard Boiled Eggs	Cereal	Scrambled Eggs	French Toast	Cereal
Toast	Toast	Toast/Peanutbutter	Toast/Peanutbutter	Toast	Syrup	Toast/Peanutbutter
English Muffin	English Muffin	English Muffin	English Muffin	English Muffin	Bacon	English Muffin
Banana	Banana	Breakfast Fruit	Oranges	Banana	Banana	Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Stuffed Green	Lemon/Pepper Cod	Roast Beef	Roast Turkey	Spaghetti	Beer Bat Cod	Bkd Chicken Breast
Peppers	Lemon/Tartar	Ms Pot/Gravy	Stuffing	w/ Meat Sauce	Lemon & Tartar	Ms Potato/Gravy
Bkd Potato/SC	Red Bliss Potato	Corn O'Brien	Mixed Greens	Mixed Greens	Pars. Bu Potatoes	Mixed Greens Salad
Carrots	Broc	Wheat Bread	Cran Jell	Garlic Bread	Kale Slaw	Cran Jell
Wheat Bread	Rye Bread	Peach Pie	Wheat Bread	Ice Cream	Rye Bread	Wheat Bread
Choc Chip Bar	Blueberry Crisp		Tye Dye Cake		Fruit Salad	Cherry Pie
Coral Meatloaf						
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Grill Ham & Swiss	Chicken Stew	Cream of	Bacon, Spinach	Chili Mango	Chili	Deluxe Burger
on Rye	WG Roll	Potato Soup	Frittata	Chicken Drumsticks	Grilled Cheddar	on WG Bun
Baked Beans	Romaine Salad	Hot Pork Sand	WG Roll	String Beans	Cheese Sand.	Ket/Must/Pickles
Peaches	Oranges	on WG Bun	Pepper Sticks	Cran Jell	Fruit Cocktail	Corn
Banana Cake	Vanilla Pudding	Applesauce	Watermelon	WG Roll	Cookie	Raspberries
		Cookie		Strawberries		Ice Cream
	ED WITH COFFEE					

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!