

VALLEY VNA MENU

Week of November 5, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|---|--|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Orange Juice Cereal Peanutbutter Toast Banana | Orange Juice Scrambled Eggs Toast English Muffin Banana | Orange Juice French Toast Syrup Bacon Breakfast Fruit | Orange Juice Cereal Bran Muffin Blueberries | Orange Juice Scrambled Eggs Toast Peanutbutter Banana | Orange Juice Hard Boiled Egg Toast Banana | Orange Juice Cereal Choice of Toast English Muffin Fruit Mix |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Roast Beef Baked Potato/SC Wax Beans Wheat Bread Ice Cream | Lemon Pepper Cod Lemon/Tartar Red Sliced Potato Asparagus Rye Bread Pistachio Pudding | Baby Back Ribs Scallop Potato Broccoli Wheat Bread Fruit Mix | Chicken Ala King over Biscuit Cran Jell Mix Greens Magic Bar | Pork Chop Baby Baker Potato Cauliflower w/Chz Wheat Bread Apple Pie | Baked Haddock Lemon/Tartar Baked Potato/SC Island Veg Mix Rye Bread Ice Cream Sundae | Roast Pork Ms Potato/Gravy Fresh Ckd Carrots Wheat Bread Custard Pie |
| SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER |
| Chicken Casserole w/ Peas Cran Jell Roll Strawberries Spice Cake | Chili Corn Muffin Cottage Cheese Fruit Cocktail Jello | Tomato Beef Casserole Roll Pear Cup Cookie | Omelet Red Sliced Potato Oranges Ginger Bread | Open Face Hot Turkey over WG Bread w/Gravy Parisian Carrots Cran Jell Pineapple Cup Sugar Bar | Tomato Soup Grilled Cheddar Cheese Sandwich Fruit Salad Cookie | Turkey Stew Roll Cran Jell Romaine Salad Peach Mix |

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!