

VALLEY VNA MENU

Week of October 1, 2017

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Banana	Orange Juice Scrambled Eggs Toast Banana	Orange Juice Hard Boiled Eggs Toast/Peanutbutter Breakfast Fruit	Orange Juice Cereal Toast/Peanutbutter Oranges	Orange Juice Egg Bake Toast Banana	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Cereal Toast/Peanutbutter Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Stuffed Green Peppers Bkd Potato/SC Carrots Wheat Bread Choc Chip Bar	Lemon/Pepper Cod Lemon/Tartar Red Bliss Potato Broc Rye Bread Blueberry Crisp	Roast Beef Ms Pot/Gravy Corn O'Brien Wheat Bread Peach Pie	Roast Turkey Stuffing Mixed Greens Cran Jell Wheat Bread Tye Dye Cake	Spaghetti w/ Meat Sauce Mixed Greens Garlic Bread Ice Cream	Beer Bat Cod Lemon & Tartar Pars. Bu Potatoes Kale Slaw Rye Bread Fruit Salad	Bkd Chicken Breast Brown Rice Mixed Greens Salad Cran Jell Wheat Bread Cherry Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Grill Ham & Swiss on Rye Baked Beans Peaches Banana Cake	Chicken Stew WG Roll Romaine Salad Oranges Vanill Pudding	Cream of Potato Soup Hot Pork Sand on WG Bun Applesauce Cookie	Bacon, Spinach Frittata WG Roll Pepper Sticks Watermelon Ax= Grapes	Chili Mango Chicken Drumsticks String Beans Cran Jell WG Roll Strawberries	Chili Grilled Cheddar Cheese Sand. Fruit Cocktail Cookie	Deluxe Burger on WG Bun Ket/Must/Pickles Corn Raspberries Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!