

VALLEY VNA MENU

Week of March 11, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Hard Boiled Egg Toast English Muffin Banana	Orange Juice Scrambled Egg Toast English Muffin Raspberries	Orange Juice Cereal Banana Muffin Blueberries	Orange Juice Omelets Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Cereal Toast Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Roast Ms Potato/Gravy Ckd Cabbage Wheat Bread Apple Crisp	Bkd Haddock Lemon/Tartar Yams Broccoli Rye Ice Cream Sundae	Beef Stew Biscuit Mixed Greens Fruit Salad Cherry Pie	Salmon Lemon/Tartar Red Bliss Potato Mexi Corn WG Roll Confetti Cheesecake	Baked Chicken Dressing/Gravy Acorn Squash Cran Jell Wheat Bread Apricot Butter Pecan Cake	Shrimp Lemon/Tartar Potato Salad Kale Slaw Rye Bread Berry's & Cream	Roast Turkey Ms Potato/Gravy Asparagus Cran Jell Wheat Bread Fruit Mix
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Beef Sand Wheat Bun Mix Greens Banana Raspberry Oat Bar	Bacon Spinach Frittata WG Roll Oranges Tapioca Pudding	Crn of Pot Soup Turkey Sandwich Wheat Bun Cran Jell Carrots Strawberries	Crn of Chicken Soup Boiled Ham Sandwich on Wheat Bun Cauliflower Salad Pineapple Cookie	Spanish Rice Mixed Greens WG Roll Peach Slices Ice Cream	Chicken Noodle Soup Grill Cheese Fruit Salad Cookie	Chili Corn Muffin Cottage Cheese w/ Pinapple Rings Jello w/ Whip Crm

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!