



**Theresa Pichelmeyer, President & CEO**

Valley VNA was presented with the Outstanding Community-Based Educational Partner Award from Little Chute High School Career Pathways Academy on Thursday, April 26th in a ceremony held at Little Chute High School.

For three years we have worked with the Career Pathways Academy at Little Chute High School to invite students to volunteer and explore health careers at Valley VNA. We transport students to and from Little Chute High School on Wednesdays using the Valley VNA activity van. The young people volunteer within our community working with our life enrichment program in activities like music appreciation, cooking classes, art therapy, and gardening.

Little Chute's Career Pathways Academy does an excellent job to help students investigate viable and meaningful career options. Students who spoke at the awards ceremony expressed how meaningful their hand-on experiences are in helping them chart their future careers. We are fortunate to have four young people from the Career Pathways Academy as caregivers working with our Valley VNA Team!

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## Independent & Assisted Living Updates



**Pat Hoogervorst, RN**

Creative training methods and tools are used to reach the adult learner to enhance their ability to care for our residents. After a comprehensive orientation plan the staff has an additional 15 hours per year of continuing education.

Most recently a team made up of both Assisted Living staff and In Home Care staff worked together to create almost 20 Care Pathways. These Pathways give step by step instructions for the staff to follow when they observe specific condition changes in our residents. Each court has a binder which contains the Care Pathways, and it is within easy access for the staff to reference when they observe changes. Some of the topics covered are: Falls, skin changes, urinary tract infections, influenza, congestive heart failure,



**Angela Franz, Operations Manager**

diabetes and more. The goal of this tool is to increase staff knowledge which will lead to prompt and improved care for our residents.

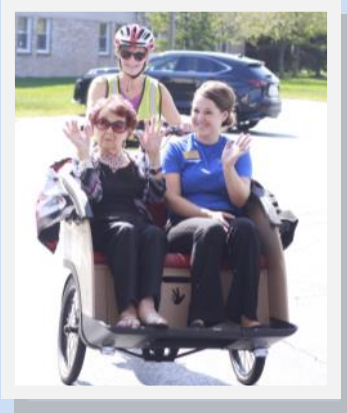
It is wonderful for our residents to get sunshine and fresh air. As the warm weather approaches please keep these tips in mind as you are visiting or taking your loved ones outside.

**\*\*Please inform staff if you will be taking a resident outside so our staff knows their location and again when you return so the staff can check in with them.**

- Offer fluids before/ after
- Use sunscreen
- A hat for shade
- Sunglasses
- Proper assistive device, such as a walker
- A wheelchair for long distances
- Watch for tripping hazards
- Limit time in the direct sun



***In-Home Care Updates***  
*Colleen Harvot, In-Home Care Director*

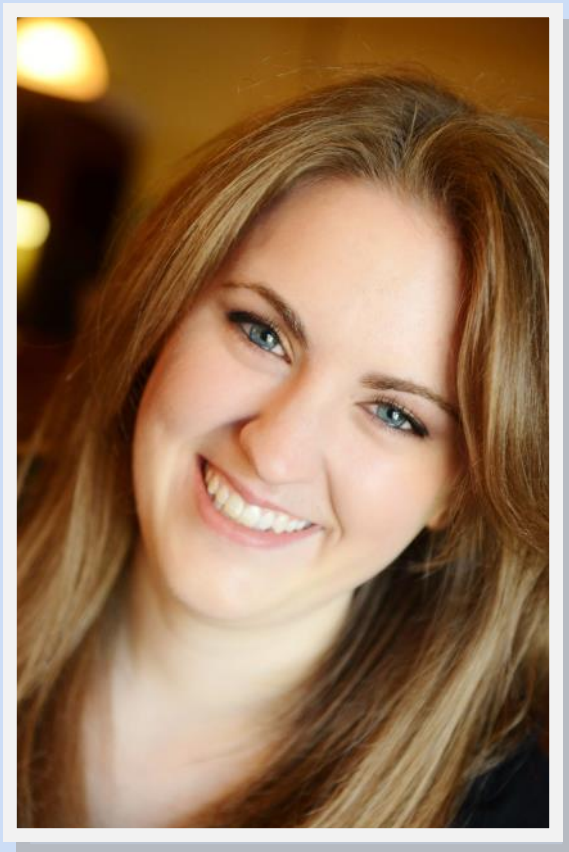


**A Bicycle Built for 2 or Maybe 3**

The nice weather is here and we wanted to remind our In Home Care clients they are always welcome to participate in the activities offered at Valley VNA. This includes music programs, and other entertainment as well as going for a rickshaw ride!

Volunteer bike pilots focus on safety, and giving an experience that is meaningful for their rider. Our clients may have a family member, friend or one of our Caregivers accompany them on their ride. If you are interest in taking a rickshaw ride or any other activities please call the In Home Care department and we will assist in setting this up for you.

**Welcome Haley!**



Now that I am settled in, I believe it's time to officially introduce myself! I am Haley Leissring, the new Life Enrichment Program Manager at Valley VNA. I am thrilled to join the Life Enrichment Team, working with them to create successful programs for the individuals we serve. I received my Bachelor's degree in Therapeutic Recreation from UW La Crosse in 2016 and have been working in the field ever since. Starting in a skilled nursing facility, I worked as the sole activity professional, providing residents with and facilitating meaningful and engaging activities. I came to value working 1:1 with the residents, really connecting with them! Although I may not be running all the programs and activities in my new position, you will still see me here and there helping when I can. As you well know, we offer so many fantastic programs already. It is my goal to continue these programs, expanding and developing them for success over the years. I also hope that we continue to find new and unique programs to bring to Valley VNA!

If you have any questions or would just like to meet, the office door is always open.

# Life Enrichment At Valley VNA

The Greatest Investment we can ever make is to invest our life in the life of someone else.

## Life Enrichment Activities

### Summer Concerts in the Park!

Every summer, we schedule a number of trips to the free concerts in the park that Neenah has to offer. These include the Thursday afternoon concerts which usually run from 11:30am-1pm. There is always a variety of music being performed, and best of all, we eat right out in Shattuck Park! All the residents who attend these concerts are treated to a free meal, featuring everything from hot dogs to gyros. Thursday afternoon concert outings usually consist of anywhere from 3-6 residents, supervised by two VNA staff members. A different group of residents from Sapphire, Coral, Amber and/or Emerald are asked to participate in each scheduled outing.

Approximately 3-4 times each summer, we also take a group of our Alex residents to the Wednesday evening Neenah Community Band Concerts at Riverside Park. There is always a theme around which each concert's music is centered. There are usually 3-8 of our Alex residents who participate, and they are usually supervised by Bill and shift manager Kellie Smille (thanks Kellie!!!).

Let's hope for GREAT weather this summer so we can attend more of these concerts than ever before!



### In Home Care Activities

In Home Care is now offering a home version of the Namaste Program called, "The Therapeutic Home Touch." The goal of the program is to create a calming and soothing environment that will enhance mood and decrease pain and anxiety. Our caregivers will be using aromatherapy diffusers with lavender or bergamot, offering hand and facial massage, soothing music and more.

We have trained 5 caregivers to start the program and we can only offer it to their clients at this time. We do plan on making this program available to more clients in the future.

## It's time for the annual **Picnic**

**Wednesday, June 13, 2018 from 5:00-7:00 pm. Dinner is served from 5:00-6:00 pm.**

**RAIN DATE** - Thursday, June 14th 5:00-7:00 PM

**NOTE:** Picnic cancellation announcement will be made by 3:30 pm on June 13th & 14th. Announcements will be made via: PICNIC HOTLINE - 920-727-5558 & Valley VNA Facebook Page.

**New this year**—A photo booth to take your family photos with fun props!

**Please RSVP by June 1st 920-727-5544**

**Foot Care Clinics**

Public clinics are offered at the following locations throughout the Fox Valley. For clinic dates and times and to schedule an appointment, please call 920-727-5555 (unless otherwise noted).

**VALLEY VNA SENIOR CARE**

1535 Lyon Dr, Neenah

**MENASHA SENIOR CENTER**

116 Main St, Menasha

**ELIZABETH CT APTS**

936 6th St, Menasha

**NEW LONDON SENIOR CENTER**

600 W Washington St, New London

For appointments call - 920-538-2974

**PINEWOOD MANOR**

125 Pine St., Hortonville



**GREENVILLE YMCA**

W6931 School Rd, Greenville

**OMRO COMMUNITY CENTER**

130 W. Larrabee St – Omro

**OSHKOSH YMCA DOWNTOWN**

424 Washington Ave, Oshkosh

**OSHKOSH SENIORS CENTER**

200 N Campbell Rd, Oshkosh

For appointments call - 920-232-5310



Save the Date

Saturday, October 20, 2018

6 pm to 9 pm

The Gala, A Cause for Care

Ritz & Glitz 2018

The Reserve, Neenah

Featuring Fox Valley Symphony Orchestra

Heavy hors d'oeuvre by Zuppas, Neenah



1535 Lyon Drive, Neenah WI 54956

920-727-5555 | 1-866-930-8862 Toll Free | www.valleyvna.org