## Valley VNA Menu

## Week of July 1, 2018

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/1/2018	7/2/2018	7/3/2018	7/4/2018	7/5/2018	7/6/2018	7/7/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Omelets	Scrambled Eggs	Oatmeal or Cold	Hard Boiled Egg	Omelet	Cereal
Toast	Choice of Toast	Choice of Toast	Cereal	Choice of Toast	Choice of Toast	Choice of Toast
English Muffin	Bacon	English Muffin	Choice of Toast	English Muffin	Bacon	English Muffin
Banana	Banana	Blueberries	Peanut Butter	Banana	Banana	Oranges
			Raspberries			
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
			4TH OF JULY			
Roast Beef	Beer Battered Fish	Italian Chicken	Bacon Cheeseburger	Roast Pork	Baked Haddock	Chicken Breast
Ms Pot/Gravy	Baked Pot/SC	Pars Bu Potatoes	on a Bun	Ms/Gravy	Lemon/Tartar	Stuffing
Romaine Salad	Mexi-Corn	String Beans	Potato Salad	Fresh Ckd Carrots	Baked Yam	Mixed Greens
Wheat Bread	Wheat Bread	Wheat Bread	Asparagus	Wheat Bread	Keywest Veg Mix	Cran Jell
Fresh Fruit Mix	Lemon Merigue Pie	Pound Cake w/	Blueberry Cobbler	Apple Pie	Rye Bread	Wheat Bread
		Strawberries & Crm			Choc Cherry Cake	Butter Pecan Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Sandwich	Tuna Mac Salad	Ham & Mozz	Chicken Pecan	Frittata	Tomato Soup	Scallop Potatoes
on a Bun	on Let Leaf	Slider on Bun	Cran Salad	Roll	Grilled Chesse	w/ Ham
Let/Tom/Mayo	Tomato Slices	Broc/Apple Salad	on Let Leaf	Watermelon	Fruit Cocktail	Mixed Greens
Pea & Cheese Sal	Fruit Mix	Cookie	WG Roll	Vanilla Bar	Cookie	Tropical Fruit
Peaches	Jello Cake		Orange Fluff			Ice Cream
Tapioca Pudding			Ice Cream			

ALL MEALS SERVED WITH COFFEE TEA, JUICE, MILK, WATER

Meals may vary based on dietary needs. Menu's subject to change without notice!