



Theresa Pichelmeyer, President & CEO

Another fun-filled and successful Resident, Client, Family Picnic in the books!

The weather couldn't have been any better and we didn't have to use the rain date! I believe this contributed to record numbers of attendees, 450+. The food and music was great and the enjoyment of so many family members being able to attend really made this special. We added a "photo booth" this year where many took advantage of getting one of those "hard to do" family photos. We think the process went very well but if you have any suggestions please let us know!

We did learn that we will be adding a larger tent next year to ensure more space between tables for easier access. I would like to add my thank you to our wonderful staff who make this happen every year: Julia & Nick in Nutrition Services. Bob & Jim in Maintenance, Tammy, Renee, Corrie, Cheryl, Hayley, Candace, Christy, Tara, Vicki, Colleen, Danielle, Andrea, Julie and Marian and many more! Thank you to our caregivers for helping to make this happen and our Board of Directors for helping to serve. This is truly a team effort!

Next year will be our 20th picnic anniversary so there may be a special surprise!



Independent & Assisted Living Updates

Pat Hoogervorst, RN

Quality assurance and improvement continues to be a part of the culture of Valley VNA Senior Care. As reported in past

newsletters Assisted Living staff actively participates in QI projects as:

Falls prevention, med accuracy, staff retention, dementia training for staff, management of residents with CHF and pneumonia, HIPAA compliance in charting, labeling and storage of food items, proper food temperatures Namaste program results and reduction of alarm use.

Two new initiatives for improvement have been brought forth by front line staff and are planning stage. One initiative is to study and evaluate the best way to accurately track, document, and evaluate food consumption of each resident. The other initiative is to study and evaluate best practice in labeling of resident clothes. It is exciting that front line staff is offering suggestions for improvement. Their ideas show their commitment to quality. Research shows that quality

Angela Franz, Operations Manager

initiatives are most successful when staff at the point of care are involved.

In regards to the project looking into labeling of clothes the Housekeeping Manager-Stacy Hole has these suggestions for resident and family members:

Ensure that clothing items are properly marked with the resident name on each clothing item at time of move-in and also if new clothes are brought in for the resident. A marker can be obtained from housekeeping staff.

The closet space is limited so bringing clothing items for the specific season of the year will allow for enough space without overcrowding the closets.

When changing out clothes for the new season, also look for clothing that is worn or no longer fits the resident and remove.

Clothes are laundered regularly so 5-10 outfits are sufficient.



In-Home Care Updates
Colleen Harvot, In-Home Care



For the last year now we have offered **Respite Care Partners** once a month at St Paul Lutheran Church in Neenah. The first Monday of each month family caregivers have the opportunity to bring their loved one for two hours giving them the time for shopping, appointments, enjoy coffee with a friend, take a walk. This respite time gives them the peace of mind that their loved one is being cared for by trained caregivers and volunteers providing activities and snacks during the two hours.

Starting in August, we have organized an additional day each month for home caregivers to enjoy. The first and second Monday's of each month from 1:30 to 3:30 pm we will be offering this free community service to families caring for their loved one in their home who have Alzheimer's/dementia.

We are collaborating with St Paul Lutheran Church, YMCA, Menasha Senior Center, Winnebago County ADRC. If your interested, please contact RSVP to register for a spot today!
Call 920-383-1180 or E-mail: memorycarerespitepartners@gmail.com

**19th Annual Valley VNA
Family Picnic**



Life Enrichment Activities

The Greatest Investment we can ever make is to invest our life in the life of someone else.

2018 Valley VNA Senior Games

Our **Valley VNA 2018 SENIOR GAMES** will begin on **Monday, September 17** and will run through **Monday, September 24**.

All the events are strictly for **FUN** and the emphasis is always upon everyone having a good time. One need not be "accomplished" at any of these scheduled events as winning is secondary to simply enjoying oneself. There is always much more laughter and socialization than any serious competition during the course of these events.

Our 2018 SENIOR GAMES AWARD SOCIAL will take place shortly after the Olympics and awards will be handed out at this time.

Monday, September 17
2:00 pm Golf - Putting (KCC)

Tuesday, September 18
2:00 pm Bingo (KCC)

Wednesday, September 19
1:30 pm Bean Bag Toss (KCC)

Thursday, September 20
2:00 pm Blackjack (ADR)

Monday, September 24
2:00 pm Horse Racing Challenge (KCC)

Bring on the games!

In Home Care Activities

Did you know that our home care clients are able to go on our rickshaws?

Many of our home care clients enjoy rides with a family member or caregiver. At this time, all of our rides are by appointment only but we have been able to accommodate everyone that is interested.

If you would like to have our caregiver bring you to our facility so that you can try it out, just let us know. We would be happy to get you on the schedule.

In Home Care Clients

Enjoying Cycling Without Age



Charlie & Barb go on a spin with Volunteer Pilot Tom

Foot Care Clinics

Public clinics are offered at the following locations throughout the Fox Valley. For clinic dates and times and to schedule an appointment, please call 920-727-5555 (unless otherwise noted).

VALLEY VNA SENIOR CARE

1535 Lyon Dr., Neenah

MENASHA SENIOR CENTER

116 Main St., Menasha

AMERICAN LEGION WINNECONNE

536 W. Main St., Winneconne

NEW LONDON SENIOR CENTER

600 W. Washington St., New London

For appointments call - 920-538-2974

PINEWOOD MANOR

125 Pine St., Hortonville

GREENVILLE YMCA

W6931 School Rd., Greenville



OMRO COMMUNITY CENTER

130 W. Larrabee St. , Omro

OSHKOSH YMCA DOWNTOWN

424 Washington Ave., Oshkosh

OSHKOSH SENIORS CENTER

200 N. Campbell Rd., Oshkosh

For appointments call - 920-232-5310

RIVER CROSSINGS HIGHLANDS

424 Cleveland St., Winneconne

ST. JAMES UNITED METHODIST CHURCH

100 W. Capitol Dr., Appleton

Resident Rights

We respect and support our residents in exercising their rights. The Department of Health Services has established a list of resident rights for Community Based Residential Facilities (CBRF) in the state of Wisconsin. Over the course of several newsletters, Valley VNA will highlight some of these rights. A full list is located in your Resident HANDBOOK.

Right to live in a safe environment, and to be safeguarded from environmental hazards. DHS 83.32(3)(n)

The right to live in a safe environment can apply to a lot of different things for our residents. It can mean physical

safety: fob entry, wander guards, cameras, safety checks, standard interventions for fall prevention, fire prevention. Safe environment is also looking at person centered care and making sure their care plan addresses assistive devices and safe approaches. Or it could mean emotional safety: free from retaliation, free to present concerns or grievances.

It can also mean health safety: standard precautions, proper hand hygiene, safe food handling, proper isolation

procedures, proper med pass procedures.

These are all simple things that staff do all day every day to contribute to this resident right. If you have questions about resident rights, please talk to the Operations Manager (Angela F.), the Clinical Services Director (Pat H.), Valley VNA President/CEO (Theresa P.), or the Education Coordinator (Cheryl E.).



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